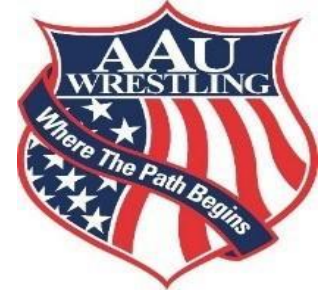


## **2024 TNAAU Individual State Championship**

**March 2 & 3, 2024**

**A TEAM TNAAU Wrestling Tournament**



**Williamson County Ag Expo Park  
4215 Long Lane  
Franklin, TN 37064**

**NO OUTSIDE FOOD OR DRINKS ARE ALLOWED**

**Event Schedule is as follows:**

**March 2, 2024 Saturday Morning, Wrestling: Tots- Midgets-Girls K-2<sup>nd</sup> & Girls 3-5<sup>th</sup>**

**Doors open at 8:00 AM CST**

**Wrestling Begins at 9 AM CST**

Tots: 35,40,45,50,55, HWT-75

Midget: 50,55,60,65,70,75,80,85,90,95,103,112,120,130, HWT-175

Girls: K-2<sup>nd</sup> 42, 50, 58, 65, 73, HWT (90)

Girls: 3-5<sup>th</sup> 58, 65, 73, 82, 91, 100, 112, HWT (145)

**March 2, 2024 Saturday Afternoon, Wrestling Begins at 2:30 PM CST for Juniors & Bantams**

Bantam: 40,45,50,55,60,65,70,75,80,90, HWT-125

Jr/ Nov: 60,65,70,75,80,85,90,95,100,105,112,120,130,140, HWT-205

**Sunday, March 3, 2024 Wrestling Begins at 10:00am CST  
: Middle School & Girls 6 - 8**

Middle School: 70,75,80,85,90,95,100,105,110,115,120,125,130,135,140,145  
152,160,171,189,220, HWT-250

Girls: 6-8<sup>th</sup> 73, 82, 91, 100, 125, 140, 160, HWT (200)

**All wrestlers must show AAU card at weigh in time**

**TOURNAMENT INFO IS SUBJECT TO CHANGE. PLEASE REVIEW THE TRACK  
WRESTLING TOURNAMENT INFORMATION PAGE FOR THIS EVENT FOR NEWS  
AND ANNOUNCEMENTS**

Weigh-ins will be done in singlets with a one-pound allowance only.

**NO WEIGHT CUTTING AT WEIGH-INS**

Wrestlers can only wrestle **ONE** weight group and **ONE** age group.  
You **must** wrestle the weight you wrestled at your **region tournament!**

Tournament Information for Kids of the following ages:

Tot 2018 or after

Bantam 2016/2017

Midget 2014/2015

Junior/Novice 2012/2013

Middle School/Schoolboy 2009/2010/2011 \*No 9th graders

**Tot:** 35, 40, 45, 50, 55, HWT-75

**Bantam:** 40, 45, 50, 55, 60, 65, 70, 75, 80, 90, HWT-125

**Midget:** 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 103, 112, 120, 130, HWT-175

**Junior / Novice:** 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140, HWT-205

**MS / School Boy:** 70,75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145,  
152, 160, 171, 189, 220, HWT-250

**Girls:** K-2<sup>nd</sup> 42, 50, 58, 65, 73, HWT (90)

3-5<sup>th</sup> 58, 65, 73, 82, 91, 100, 112, HWT (145)

6-8<sup>th</sup> 73, 82, 91, 100, 112, 118, 125, 140, 160, HWT (250)

**Mandatory Registration online @  
www.trackwrestling.com By this date:  
Tuesday, Feb 27, 2024 AT MIDNIGHT CST.**

Note: wrestler will need their AAU membership # to  
pre-register \$25. **No LATE Registration!**

NO LATE REGISTRATION-- You Should know once you qualify at region tournament if you are going.

Any wrestler who fails to pre-register, before the deadline, will not be able to compete in the  
tournament. There will be NO late additions after registration closes!!

All Wrestlers must qualify in the top 4 in regions to qualify for State. Region placement will be used to  
slot wrestlers in the State Tournament. The State Tournament will incorporate separation criteria  
where region champs will be separated from each other, and champs will also be separated from  
their corresponding runner-up. Region champ positions will be rotated in each weight class so that  
the same regions do not meet every time.

**Eligibility Requirements - Must be a resident of Tennessee and a member of a TNAAU sanctioned club  
unless a parent is employed at the Tennessee school with which you wrestle.** Must be a current AAU  
Member (show card at state weigh in locations to be posted) **MUST** Have entered Home Region (If  
you wrestle for a club outside your home region no problem however you cannot score team points.  
Wrestler may only win Ind. awards)

Wrestlers will be allowed to wrestle in only one weight class and only one age group. The appropriate age group and weight will be determined by the wrestler's competition at 2024 Region Tournament.

Wrestlers are NOT permitted to change a weight or an age group that was wrestled at region.

Tournament Participation Fee is \$25 and is paid online during registration on trackwrestling.com

**Any wrestler who fails to pre-register, before the deadline, will not be able to compete in the tournament. There will be NO late additions after registration closes!!**

Coaches and Parents. - The Brackets will be Posted on Track after weigh ins are completed by 11:00pm

Teams will receive a packet with coaches lanyards in the amount of 1 pass per 3 kids in their largest session. (If you have 20 kids in one session you will receive 7 passes for the entire weekend. The passes may be passed on to coaches in the next session as needed. Meals will no longer be provided.

No visible pass means no mat-side coaching.

**Admission fees: At Gate: Adults \$25.00 Children \$8.00 (12yrs-3yrs & under 3yrs N/C)**

**On-Line: Adults \$20.00 Children \$5.00**

**2-Day tickets - At Gate Adults \$40, children \$10 (12ys-3yrs & under 3yrs N/C)**

**Online - Adults \$35, children \$8 (12ys-3yrs & under 3yrs N/C)**

**Parking Fee - \$5**

This link

<https://www.eventbrite.com/e/tnaaau-state-championship-tickets-830485663977?aff=oddtcreator>

**Registration Cost: \$25.00** plus current AAU membership card is required.

**Coaches Entry:** Coaches **MUST** maintain a TNAAU Coaches Pass and a visible AAU Coaches Card to be allowed on the mats. Only two coaches are allowed in the corner during a match. AAU lanyards will be provided to teams.

**Individual AWARDS:**

State Medals 1st through 6th place finishers in each age group

**Team/Club AWARDS:**

Overall Team Champions

## WEIGH-IN INFORMATION

**Weigh-ins for all wrestlers except Middle School and Girls 6 -8<sup>th</sup> will be held from 6 – 8 pm March 1, 2023 at the venue**  
**Middle School weigh-in Saturday March 2, 2023 from 6-7 pm at the venue**

At the venue: **Williamson County**  
**Ag Expo Park**  
**4215 Long Lane**  
**Franklin, TN 37064**

**Onsite weigh-ins only \*\*Weigh-ins will be done in competition singlet with a one-pound allowance\*\***

TNAAU's goal is to promote a safe environment for all wrestlers. For this reason, TNAAU will not permit any form of weight cutting. The following rules will be strictly enforced at weigh-ins. There will be no check scales at TNAAU weigh-in location. No weight cutting activities such as running, spitting, wearing sauna suits, etc... will be not permitted. Any wrestler found doing so will be immediately disqualified from the tournament. Once a wrestler steps on the scale their weigh-in is complete. If the wrestler is overweight, they can challenge by immediately moving to a second 'challenge' scale at the weigh-in site. The lesser of the two weights will be entered as the official weight; no further weigh-ins will be permitted. If the wrestler is overweight for their registered weight class, **there WILL BE SCRATCHED. NO BUMPS.**

- Fingernails will be checked please trim before weigh ins.
- Teeth will be checked to see if braces need a mouthpiece. If wrestler needs mouthpiece, they must show mouthpiece in hand.
- Skin will be checked. If there are any skin issues, they must have in hand a Doctor note properly filled out. (SEE TNYOUTHRESTLING.COM for proper form to be used by Doctor) If there is no Doctor note wrestler is then disqualified from the tournament. No appeal.
- Skin Issue? There will be a Trainer OR Doctor on site that has last say. If trainer feels it is an active issue wrestler may be disqualified even if a doctor note is provided.

**This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.**  
**All participants must have a current AAU membership.**  
**AAU membership may not be included as part of the entry fee to the event.**  
**AAU membership must be obtained before the competition begins.**

**Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.**

**FOR ADDITIONAL INFORMATION CONTACT:**

TNAAU President: Mike Sutherland

Tournament Director: Kevin Wright [kevin63wrestling@gmail.com](mailto:kevin63wrestling@gmail.com)

Tournament Host Operations Director: Melissa Kramer

[kramermelissa@rocketmail.com](mailto:kramermelissa@rocketmail.com) 248-444-6139

Head Ref: Vaughn Heath