

# COUGAR CLASSIC

HOSTED BY CANNON WRESTLING CLUB



**DATE:** Saturday, December 9, 2023

**LOCATION:** Cannon School, 5801 Poplar Tent Rd, Concord NC 28027

**SPECTATOR FEE:** \$10 Family, \$5 General Admission

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**SCHEDULE** for Tot, Bantam & Midget Divisions (Separate Divisions for Boys and Girls this Year)

**7:00-8:00 am:** Weigh-ins / **9:00 am-1:00 pm:** Compete

**SCHEDULE** for Novice & Schoolboy/girl, Cadet Boys, High School Girls **[JUST ADDED]** Divisions (Separate Divisions for Boys and Girls this Year)

**11:00 am-Noon:** Weigh-in / **1:00 pm-Completion:** Compete

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**TOURNAMENT USING:** Standard AAU Weights ([click here](#))

**MATCH TIMES:** Tot, Bantam & Midget: 1-minute periods  
Junior, Schoolboy & Cadet: 1:30-minute periods

**AWARDS:** Engraved Hammers for Champions/Medals for 2nd and 3rd Place

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**REGISTRATION FEE:** \$25.00

**REGISTRATION CUTOFF:** 8:00 pm Friday, December 9, 2022 or when registration limit is reached.

Note: There will be no entries allowed beyond this deadline.

**REGISTRATION LIMIT:** 400

**REGISTER AT:** [www.trackwrestling.com](http://www.trackwrestling.com)

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- This event is licensed by the Amateur Athletic Union of the U.S. Inc.
- All participants must have a current AAU membership
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth athletic membership must be obtained before the competition begins. Be prepared: Adult and non-athlete memberships are no longer instant and cannot be applied for at an event. Please allow 10 days for membership to be processed.
- Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.
- ALL WRESTLERS MUST HAVE HEADGEAR AND TAPED LACES. Hair length must comply with NFHS rule 4-2-1.
- MOUTH PROTECTION REQUIRED if have braces or orthodontic device on teeth.

There is no weight allowance. Weigh-in uniform is singlet, no socks or shoes. You will not be allowed to strip down to underclothes and you will not be allowed to leave the weigh-in room to run.

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**TOURNAMENT DIRECTOR CONTACT:** Adam Cox at [adam@hartwallandpavers.com](mailto:adam@hartwallandpavers.com)