

Gone but Not Forgotten The Colony High School Gym *April 22, 2023*

Freestyle and Greco-Roman Wrestling Tournaments for all ages.

We will not be charging a spectator fee for this event. We will ask for contributions to the "Gary Sinise Foundation". The Foundation helps veterans and their families. At the Gary Sinise Foundation, they serve our nation by honoring our defenders, veterans, first responders, their families, and those in need.

The event will take place in The Colony High School Gymnasium. Medals are awarded for the top 3 placers in every division.

<u>There are no on-site registrations or adding the other style or additional entry on the day of the tournament. All</u> registration must be completed online by 11:59pm on Friday.

All wrestlers must bring a copy of their current USA Card. There is a bar code that must be scanned for weigh-ins.

Youth Divisions: Weigh-ins for youth divisions (boys and girls are combined for 8U, combined for 10U, and combined for 12U; 14U Boys, 14U Girls) will be from 7:00 – 7:30am. Bracketing will start immediately at 7:30 and we will start the kids divisions as soon as possible.

Weigh-ins for all 16U/Jr Combined Girls, 16U Boys, and Junior Boys will be 8:00 – 9:00am. Greco wrestling will begin as soon as possible.

Because of the speed of their Greco tournaments, all youth boys and girls and all HS Girls have to weigh-in during the earliest posted weigh-in time for their group.

16U Boys and Junior Boys who are wrestling Freestyle only can weigh-in 11:00 - 11:30am.

2023 USA Wrestling cards are required. If you do not already have a card, it MUST be purchased online at <u>www.usawmembership.com</u> prior to the event. Pre-registration and payment at <u>www.usawmembership.com</u> is required.

All Coaches must have a current USAW card and Copper certification or higher. Your current card must have your photo on it and be displayed. Certified coaches will get a wrist band.

Entry fee is \$20.00 for one style and \$32.00 for both Freestyle and Greco. Two dollars from each entry goes directly to fund the national teams.

There are no refunds for leaving the event early. All entry fees are paid online during registration.

The Colony High School 4301 Blair Oaks Dr. The Colony, Tx 75056 For more information contact – Chuck Brown, The Colony High School brownjames@lisd.net, 469-867-6290