

New Event: WISCONSIN WRESTLING FEDERATION

Beginners BOYS & GIRLS FREESTYLE & GRECO STATE CHAMPIONSHIPS

Only wrestlers who have NOT Wrestled in any previous WWF State FREESTYLE & GRECO STATE CHAMPIONSHIP are eligible to compete in this event.

Saturday April 29th, 2023

Fond Du Lac High School, Fond Du Lac, WI

For Kids, 16U, Juniors Age Levels

Wisconsin Residents Only

Red & Blue Singlets are highly recommended for all Ages (not required)

Schedule

Friday April 28th, 2023

6 PM – 7 PM – Weigh-in for all Age Groups and both Styles at Remote Weigh-in Sites

6:30-8:00 PM – Weigh-in for all Age Groups and both Styles at Fond Du Lac HS

Saturday April 29th, 2023

08:30 AM – Freestyle Wrestling Begins - All Age Groups

10-11am –Greco Weigh-in (for those that didn't weigh in Fri) Fond Du Lac HS

Appx. 12:30 PM – Greco Wrestling Begins - All Age Groups

Entry Fee: Pre-registration at www.trackwrestling.com must be completed by noon of Friday April 28th . Cost is \$20 for one style / \$30 for Both

Weigh-ins: Friday April 28th, 2023 –

5:30 to 8:00 PM at Fond Du Lac High School, & 6-7 PM at Remote Weigh-in Sites:

Greco Only Weigh-In (for those that didn't weigh in Fri) Saturday April 29th, 10 AM to 11:00 AM @ Fond Du Lac HS

Remote weight sites

X-Factor Elite Wrestling 120 S Eighth St. De Pere

contact Scott Pelot 920 901 5000 red1october@comcast.net

Mukwonago HS 605 W. Veterans Way Mukwonago,

Contact Randy Dusing 414 507 7861 rvdusing@gmail.com

DC Everest MS 9302 Schofield Ave Schofield, WI.

Contact Eric Lerke 715 574 2556 elehrke@dce.k12.wi.us

Mineral Point HS 705 Ross St. Mineral Pt

Contact Scott Schmitz 608 574 9564 scott.schmitz@mp.k12.wi.us

AT-Elite Performance Center (Crass Trained) 1323 Bob Brown Blvd Altoona, WI

Contact Jordy Crass 715 456 6863 crasswrestle@gmail.com

Boys Freestyle & Greco Age and Weight Groups

	10U	12U	14U	16U	Junior
Born	2013-2014	2011-2012	2009-2010	2007-2008	Born 9/1/03*
Weights	49 77	58 86 160+	71 106 149	88 126 170	100 138 195
	53 84	63 92	77 110 165	94 132 182	106 145 220
	56 93	67 98	83 114 187	100 138 195	113 152 285
	59 105	70 108	87 119 250	106 145 220	120 160
	63 120	74 117	92 125	113 152 285	126 170
	67 120+	78 135	97 130	120 160	132 182
	71	82 160	102 136		
	(20 lb max difference)	(25 lb max difference)			

*or after but still enrolled in 9-12 grade for spring of 2023 semester

Girls Freestyle Age Groups and Weight Classes

10U: Born 2013-2014, 50lbs 55lbs, 60lbs, 65lbs, 70lbs, 75lbs, 80lbs, 90lbs, 100lbs, 110lbs

12U: Born 2011-2012, 65lbs 70lbs, 75lbs, 80lbs, 85lbs, 90lbs, 95lbs, 100lbs, 110lbs, 120lbs, 130lbs, 145lbs

14U: Born 2009-2010, 72lbs 79lbs, 85lbs, 92lbs, 97lbs, 101lbs, 119lbs, 127lbs, 136lbs, 145lbs, 185lbs

16U: Born 2007-2008, 94lbs, 100lbs, 112lbs, 117lbs, 122lbs, 127lbs, 132lbs, 138lbs, 144lbs, 152lbs, 164lbs, 180lbs, 200lbs

Junior: Born 9/1/2003 or after but still enrolled in 9-12 grade for spring of 2023 semester: 100lbs, 112lbs, 117lbs, 122lbs, 127lbs, 132lbs, 138lbs, 144lbs, 152lbs, 164lbs, 180lbs, 200lbs, 225lbs

Note: Since We Have a Separate Girls Division for Freestyle, All Girls Must Wrestle Freestyle in the Girls Division, Not in The Boys Divisions. Girls May Wrestle Greco with the Boys if they choose.

Admission Prices: \$5

5 years & Under and Competitors Free

USAW Leaders Cards Accepted for Free Entry.

Coaches Passes: Coaches must show USA Coaches Leadership card to receive a coach's band to coach matside

IN ORDER TO BE ALLOWED MATSIDE TO COACH AT THE WWF STATE FREESTYLE & GRECO TOURNAMENTS, ONE MUST HAVE A CURRENT USA WRESTLING LEADERS MEMBERSHIP AND A COPPER COACHES CERTIFICATION OR HIGHER, THIS INCLUDES PARENTS, CLUB COACHES, ETC.

Individuals 18 years of age and older must successfully complete a mandatory background check before purchasing USA Wrestling Leaders Membership. Please allow 7-10 business days for the background check process, as USA Wrestling Leaders Memberships will not be available on-site.

All USA Wrestling Leaders Members will receive free admission to the WWF State Freestyle and Greco Tournaments

WWF Tournament Representatives

Tournament Director – Randy Dusing 414 507 7861 rvdusing@gmail.com

Fond Du Lac contact - Mark Henschel XXX- XXX XXXX markdhenschel@charter.net