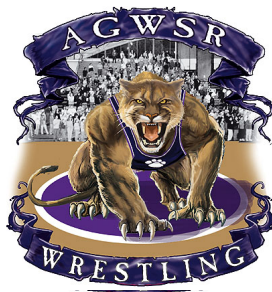


Cougar Takedown Wrestling Tournament

Location: AGWSR High School 918 4th Ave, Ackley, IA



****March 10th 2023****

Only preregistrations on Trackwrestling accepted.

Must register by Thursday, March 9th at Noon

We will use licensed officials.

Weights will be checked at 5:00 PM. If more than 5lbs heavier than listed weight wrestler will be moved brackets.

Go to trackwrestling.com to register

No walk ins

Rules: The only scoring is for takedowns or penalties. No escapes! No reversals!

No back points! No pins! 2 points per takedown. It is takedown and release. A 15 point lead constitutes a technical fall and the match will be stopped at that point.

One 3-minute period, continuous clock. Clock only stops for injury or blood. No overtime. If score is tied at the end of regulation the wrestler who scored the first takedown wins the match. If 0-0 at end of regulation overtime is sudden victory

Divisions: 5th-6th Grade, 7th and 8th Grades, 9th-12th possibly broken by JV/Varsity by record and previous experience(girls will be in separate divisions)

<u>Grades</u>	<u>Weigh-ins</u>	<u>Wrestling</u>	<u>Day</u>
5-6 & 7-8	5:00-5:30 pm	6 pm	Friday
High School	5:00-5:30 pm	6 pm	Friday

Entry Fee \$15

Format: Round Robin for all divisions.

Awards: Medals to 1st place wrestler

Food: Concession stand will be open

For more information EMAIL: jabbas@agwsr.org Or Call 515-460-2752

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