

40th ANNUAL



Time: Doors Open at 8:00 AM

Date: Sunday, February 5th, 2023

Location: Gross Catholic High School, 7700 S. 43rd St. Omaha, NE

Competition level: Divisions: Novice & Open– (One Division for 6 & under and 14 & under)

Entry deadline: Friday, February 3rd 2023. **Online Only** at **Trackwrestling.com**
or at Weigh-ins if not Full.

Limited to the First 500 Wrestlers

Weigh-Ins: Saturday, February 4th from 6:00 PM -8:30 PM. Satellite weigh-ins are available, E-mail grossjrcougars@aol.com before Thursday, January 26th 2023 for instructions.

All times are approximate, sessions will begin at the completion of the previous session.

Division Times:	6 & Under	9:00 AM – 11:00 AM
	13 & 14	9:00 AM – 11:00 AM
	7 & 8	11:00 AM – 1:00 PM
	9 & 10	1:00 PM – 3:00 PM
	11 & 12	3:00 PM - UNTIL DONE

All times are approximate, sessions will begin at the completion of the previous session.

Awards: Medals for top four places.

Rules: Novice: 4 Man Round Robin / Open: 8 Man Brackets (where possible). NHSAA Folk Style Rules.

Fee: \$25.00 per wrestler. Need to be paid at weigh-ins.

Contact Information: Shane (402-679-6839) or grossjrcougars@aol.com

Admission: Adults = \$5.00, Student = \$3.00, Children under 5 = Free.

NO COOLERS ALLOWED-Concessions Available All Day.

➤ **Disclosure**

Neither Gross Catholic High School nor anyone involved with the tournament will be held liable for any injuries, accidents, or loss of property. Any person causing trouble or damaging property will be asked to leave with no refund and will also be held responsible for restitution.