



MOHAWK VALLEY **WRESTLING CLUB**

41st Annual Mohawk Valley International Wrestling Festival

Saturday March 18th and Sunday March 19th

Canastota High School 101 Roberts St, Canastota, NY 13032 (Exit 34 of The New York State Thruway)

\$40 for one style and \$50 both, boys 14 U cannot wrestle in Greco Roman

\$40 for Girls only wrestling FS on Sunday, \$50 if they wrestle Boys FS on Saturday and Girls FS on Sunday

Teams are encouraged to do their own satellite weigh-ins and send them in prior to 8pm Wednesday March 15th. To request the satellite weigh-in form, please contact the Tournament Director, Jamie Pellenz @ (315) 657-0374 or TeamMVWC@hotmail.com

Wrestlers must possess a current USA Wrestling Membership Card or a current card to their country's equivalent.

Schedule of Events

Friday evening

7-8pm Open mats and Weigh-Ins

7:30-8:30pm Pairing and Referee's Clinic

8:45pm building is closed

Saturday

7:30-8am Weigh-ins

8:30-9am coaches meeting

9:30am wrestling begins

4-4:30pm weigh- ins

Sunday

7:30-8am weigh-ins

8:30am Coaches meeting/ GR rules

8:30am to 9:30am FS Clinic

9:45 wrestling begins

Mens Freestyle Age Group and Weight Classes

14 U Boys (2009-2010) 71, 77, 83, 87, 92, 97, 102, 106, 110, 114, 119, 125, 130, 136, 149, 165, 187, 250

16 U Boys (2007-2008) 88, 94, 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285

JR Mens 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285

Mens Open 127.6, 136.6, 154.2, 172, 194, 220.4, 286.6

Womens Freestyle and Mens Greco Roman Age Group and Weight Classes

16 U Boys (2007-2008) 88, 94, 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285

JR Mens 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285

Mens Open 127.6, 136.6, 154.2, 172, 194, 220.4, 286.6

14 U Girls (2009-2010) 72, 79, 85, 92, 97, 101, 105, 110, 119, 127, 136, 145, 185

16 U Girls (2007-2008) 94, 100, 106, 112, 117, 122, 127, 132, 138, 144, 152, 164, 180, 200

JR Womens 100, 106, 112, 117, 122, 127, 132, 138, 144, 152, 164, 180, 200, 225

Womens Open 110, 117, 121, 126, 130, 137, 143, 150, 159, 168

The Mohawk Valley International Wrestling Festival is a major wrestling event held annually in New York State.

The festival showcases some of the best FS and GR wrestlers from Central New York, New England and Canada.

Festival Rules; UWW International rules with USA modifications and USA weight classes.

Pairers have the authority to combine and or split weight classes.

The Junior Division (wrestlers in grades 9-12) will recognize USA restrictions.

Awards- Mugs for 1st, 2nd & 3rd and Ribbons for 4th, 5th and 6th and Team Awards for each division.

There will be a full concession stand available during the tournament.

ONLINE REGISTRATION ONLY, REGISTER AT THE LINK BELOW or at www.MohawkValleyWC.com

http://www.trackwrestling.com/registration/TW_Register.jsp?tournamentGroupId=210527132

Online Registration ends at 8pm Thursday March 16th.

SUNDAY MORNING FREESTYLE CLINIC HOSTED BY EAST STROUSBURG MIA and SOFIA MACALUSO

Mia Macaluso (All American East Stroudsburg University, World Team Member, National Champion, Bronze at Pan-Am Games)

Sofia Macaluso (East Stroudsburg University, World Team Member, Fargo All American, World Silver Medalist)

Any questions please text Jamie at (315) 657-0374 or call Don at (315) 622-5300

Email TeamMVWC@hotmail.com