

## Lewis Central JV & Girls Wrestling Tournament January 16, 2023

Welcome to the Lewis Central JV & Girls Wrestling Tournament! Please review the following information, if you have questions please email Jim Dermody at [jdermody@lewiscentral.org](mailto:jdermody@lewiscentral.org) or Mike Childers at [mchilders@cbcsd.org](mailto:mchilders@cbcsd.org).

**Venue: Lewis Central HS (3504 Harry Langdon Blvd, Council Bluffs, IA)**

**Start Time: Wrestling begins at 11:00am.**

**Entry Fee: \$150.00 per school or \$25 per wrestler**

### **Tournament Info:**

- Five mats will be used
- Weigh-ins for girls and boys will be at 9:00am.
- **Enter your wrestlers on Trackwrestling by 6:00 p.m. on January 15.**
- **Rank your wrestlers on track - 1 above average, -2 Average, 3-below average**
- All teams should be on site and have all scratches/changes reported by 9:00am
- Matches will be 2-1-1 time periods. Overtime by Rule Book
- Medals will be awarded in each bracket to the champion
- Locker rooms will be provided for all teams - responsible for your own valuables
- Doors will open for the fans at 10:00AM

Admission prices: \$6.00 school age and above. Fans are encouraged to pre-purchase tickets at: <https://www.gobound.com/ia/schools/lewiscentral/tickets> or on the Bound App.

\*\*\*Credit/debit card payment is available for admission as well. NO CASH WILL BE ACCEPTED AT THE GATE.

Please note: If you have scratches after 6:00 PM please email Mike Childers at [mchilders@cbcsd.org](mailto:mchilders@cbcsd.org) ASAP.

Teams Participating: Lewis Central, Atlantic, Bellevue East/West, Bennington, Clarinda, Council Bluffs Abraham Lincoln, Council Bluffs Thomas Jefferson, Des Moines Roosevelt, East Sac County, Fremont Mills, Glenwood, Lemars, Logan-Magnolia, Millard North, Missouri Valley, Nodaway Valley, Omaha

South, Red Oak, Sergeant Bluff-Luton, Shenandoah, Sidney, Sioux City East, Sioux City North, Sioux City West, Skutt Catholic, St. Albert, Treynor, West Monona and Yutan.