



2023 White Bear Lake Wrestling Tournament

Folkstyle MN/USA State Qualifier

Saturday, January 7, 2023

White Bear Lake North Campus High School
5045 Division Ave, White Bear Lake, MN 55110

DOORS WILL OPEN AT 7:45 a.m.

Session	Check-In	Wrestling	Age Group
1	7:50 - 8:20 a.m.	8:30 - 10:00 a.m.	Bantam 8U (2015 - 2016)
2	9:30 - 9:50 a.m.	10:00 - 11:30 a.m.	Intermediate 10U (2013 - 2014)
3	11:00 - 11:20 a.m.	11:30 - 1:00 p.m.	Novice 12U (2011 - 2012)
4	12:30 - 12:50 p.m.	1:00 - 2:30 p.m.	PeeWee 6U (2017-2018)
4	12:30 - 12:50 p.m.	1:00 - 2:30 p.m.	School Boy/Girl 14U (2009 – 2010)

Registration

- A current MN/USA card is required to register and participate in the tournament
- Register only on [Trackwrestling.com](https://www.trackwrestling.com). Wrestlers will not be able to register at the door.
https://www.trackwrestling.com/registration/TW_Register.jsp?tournamentGroupId=209404132&TIM=1670275342426&twSessionId=uyktwmcmui
- Registration is currently open, and closes Friday, January 6 at 8:00 p.m.
- The cost is \$17.00 per wrestler (**NO** refunds if you do not compete at the tournament for any reason).
- If your wrestler pulls out of the tournament, please call, or send an email to the tournament director, so we are not waiting for your wrestler to start the session.

Admission

- ✚ \$7.00 per person at the door (children under 5 are free).
- ✚ Cash only accepted at the admissions table.

Weigh-Ins and Weight Audit

- ✚ We will not be doing a full on-site weigh-in of every wrestler.
- ✚ During registration parents/guardians will enter the wrestler's weight. This is what will be used to pre-create the brackets.
- ✚ We are using the "Honor System" and expect parents/guardians to correctly select their wrestler's weight class.
- ✚ We will be doing random weight audits of several brackets each session. During check-in, selected wrestlers will be sent over to the weight audit table.
- ✚ The wrestler's weight needs to be within 3% of the weight submitted during registration.

For example, if a parent/guardian registered their wrestler at 50 lbs, their wrestler can weigh no more than 51.5 lbs.

- ✚ If a wrestler is over-weight, the parent/guardian and wrestler must report to the head table immediately. The wrestler will then be removed from the tournament and **NO** refund will be given.

Brackets & Additional Information

- ✚ We will be using 4-Man Brackets. Our goal is to get all wrestlers at least 3 matches.
- ✚ We are placing 1st – 4th place, these wrestlers will receive a medal.
- ✚ There will be concessions on-site all day long. Cash will be accepted.

Contact Information

Tournament Director – Chad Macalus, chadwblbearwrestling@gmail.com, 651-717-5817
Track Wrestling Expert -

