North Central Idaho Wrestling League (NCIWL) USA Wrestling





Fall 2022 Folkstyle Season Tournaments

DATE	LOCATION	ADDRESS
OCT 22 RD	Grangeville, ID High School	910 D ST., GRANGEVILLE
OCT 29 TH	Kooskia, ID Clearwater Valley JR-SR High School	4643 HIGHWAY 13, KOOSKIA
Nov 5 TH	Orofino, ID Orofino High School	300 DUNLAP RD, OROFINO
Nov 12 TH	Craigmont, ID Highland High School	112 BOULEVARD AVE, CRAIGMONT
Nov 19 TH	Cottonwood, ID Prairie Elementary School	1916 EAST ST., COTTONWOOD

NCIWL Tournament Information

USA Wrestling Card req	uired for both wrestlers and coaches. Don't forget your USA card!

Tournament Entry Fee: \$10.00 per wrestler – No fees for coaches/family/friends

Registration/Weigh-In: 7:00 - 8:00 am – Weigh-in in a singlet for straps down skin check.

Tournament Start Time: 9:00 am

TOURNAMENT FORMAT

Wrestlers will be paired in 6-man Round-Robin Brackets by age group and weight. We will do our best to have full brackets and give every wrestler 5 matches regardless of win/loss record but we may have smaller Round-Robin brackets for some weights. Each tournament will have two mats divided into 2 or 4 sections each. Wrestlers will be called to the pairing room by Group and paired with their opponent, then taken to a staging area before they are directed to a mat for their bout.

All groups will begin wrestling at 9am. Groups will be called to paring in the following order; (Group 1 & Group 6/Group5) then (Group 2) then (Group 3) then (Group 4)

AGE GROUPS

Group	USA Division	Birth Dates	Rounds	Mat Size
Group 1	6U	Born 2017-2018	1 min	Quarter Mat
Group 2	8U	Born 2015-2016	1 min	Quarter Mat
Group 3	10U	Born 2013-2014	1 min	Quarter Mat
Group 4	12U	Born 2011-2012	1.5 min	Quarter Mat or
				Half Mat
Group 5	14U	Born 2009-2010	1.5 min	Half Mat
Group 6	16U	Born 2007-2008	1.5 min	Half Mat

AWARDS

Medals are awarded for 1st, 2nd, & 3rd place according to win/loss record for the tournament. If there is a tie, then placing is determined based on the following tie breaker criteria:

- Head to Head in the event of a two-way tie
- Activity points (Fall 6, Tech 5, Maj 4, Dec 3)
- # of Pins
- # of Tech Falls
- # of Major Decisions
- Lowest Total Pin Time

MISCELLANEOUS NOTES & LEAGUE RULES

- **No grace on locking-hands**. This penalty will be called from the 1st tournament on with one warning given for group 1 only.
- No grace for spectator/parent mat side on non Group 1 wrestlers: The match may be stopped from the 1st tournament on to clear the matside and penalty points (stalling) may be given.
- One parent matside for Group 1 only.
- Only two coaches are allowed per wrestler and you must have a coach's wrist band Coaches wrist bands will be given out at the coaches meeting prior to wrestling for coaches with current USA wrestling coach's card only.
- A Pin does not stop the match for Group 1 On the official bout sheet the first pin wins the match but wrestlers/coaches often choose to continue wrestling. Four points will be awarded on the tables score card for the pin and wrestling will continue until time expires in the match or there is a 15 point Technical Fall point difference.
- Singlets or NFHS Approved Shirt/Shorts required!
- Headgear is optional.
- Overtime Tiebreaker is per current high school wrestling rules.