

COUGAR CLASSIC

HOSTED BY CANNON WRESTLING CLUB



DATE: Saturday, December 10, 2022

LOCATION: Cannon School, 5801 Poplar Tent Rd, Concord NC 28027

SPECTATOR FEE: \$10 Family, \$5 General Admission

SCHEDULE for Tot, Bantam & Midget Divisions (Boys & Girls)

7:00 am-8:00 am: Weigh-ins / 9:00 am-1:00 pm: Compete

SCHEDULE for Novice & Schoolboy/Schoolgirl, Cadet Divisions (Boys & Girls)

11:00 am-Noon: Weigh-in / 1:00 pm-Completion: Compete

TOURNAMENT USING: Standard AAU Weights ([click here](#))

MATCH TIMES: Tot, Bantam & Midget: 1-minute periods

Junior, Schoolboy & Cadet: 1:30-minute periods

AWARDS: Engraved Hammers for Champions/Medals for 2nd and 3rd Place

REGISTRATION FEE: \$25.00

REGISTRATION CUTOFF: 8:00 pm Friday, December 9, 2022 or when registration limit is reached.

Note: There will be no entries allowed beyond this deadline.

REGISTRATION LIMIT: 400

REGISTER AT: www.trackwrestling.com

- This event is licensed by the Amateur Athletic Union of the U.S. Inc.
- All participants must have a current AAU membership
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth athletic membership must be obtained before the competition begins. Be prepared: Adult and non-athlete memberships are no longer instant and cannot be applied for at an event. Please allow 10 days for membership to be processed.
- Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.
- ALL WRESTLERS MUST HAVE HEADGEAR AND TAPED LACES. Hair length must comply with NFHS rule 4-2-1.
- MOUTH PROTECTION REQUIRED if have braces or orthodontic device on teeth.

There is no weight allowance. Weigh-in uniform is singlet, no socks or shoes. You will not be allowed to strip down to underclothes and you will not be allowed to leave the weigh-in room to run.

TOURNAMENT DIRECTOR CONTACT: Adam Cox at adam@hartwallandpavers.com



2023

AAU WRESTLING DIVISIONS / AGES / WEIGHTS

Division is determined by Year of Birth OR Age on Day of Tournament.

Tournament Director of Individual Championships reserve the right to choose if tournament will use end of the year Birth Year (below) or **Birthdate on Day of Tournament**. Choice will be published in "Tournament Brochure"
 *Tot – Bantam – Midget – Novice and Schoolboy Hwt classes will include – Lt. Hwt Hwt Super Hwt (if needed)

Divisions Age Birth year # of weights	Tot 6-under 2017/after	Bantam 7-8 2016/2015	Midget 9-10 2014/2013	Novice 11-12 2012/2011	Schoolboy 13-14 2010/2009	Cadet 15-16 2008/2007	Elite 17-18-19* 2006/2005 2004**	Senior 19-29 2004/1994	Masters 30-up 1993/Before
	7	11	15	15	18	17	15	10	11
	30	40	50	60	70	84	98	125	125
	35	45	55	65	75	91	106	133	133
	40	50	60	70	80	98	113	141	141
	45	55	65	75	85	106	120	149	149
	50	60	70	80	90	113	126	157	157
	55	65	75	85	95	120	132	165	165
	Hwt*	70	80	90	100	126	138	174	174
	(90 max)	75	85	95	105	132	145	185	185
		80	90	100	110	138	152	197	197
		90	95	105	115	145	160	Hwt	215
		Hwt*	103	112	120	152	170		Hwt
		(125 max)	112	120	125	160	182		
			120	130	130	170	195		
			130	140	140	182	220		
			Hwt*	Hwt*	150	195	285		
			(175 max)	(205 max)	160	220	(max)		
					180	285			
					Hwt*	(max)			
					(260 max)				

**2004 Elite – Must be in High School or graduated in current year / must provide proof

AAU GIRLS INDIVIDUAL & GIRLS TEAM - DIVISIONS / AGES / WEIGHTS

(see page 2)



GIRLS INDIVIDUAL TOURNAMENTS

(Age division is age as of 12/31 of current year)

JUNIOR OLYMPIC GAMES - Tot thru High School / **GRAND NATIONALS - FOLKSTYLE NATIONALS** - Tot thru Masters

DIVISION Birth year	TOT 2017/after	BANTAM 2016/2015	MIDGET 2014/2013/2012	SCHOOLGIRL 2011/2010/2009	HIGH SCHOOL 2008/2007/2006/2005 2004*	SENIOR 2004/1994	MASTERS 1993/Before
Age # of weights	6-under	7-8	9-10-11	12-13-14	15-19*	19-29	30-up
	8	7	8	7	12	10	11
	30	35	53	73	95	125	125
	35	40	58	82	100	133	133
	40	45	65	91	106	141	141
	45	50	73	100	112	149	149
	50	55	82	115	118	157	157
	55	60	91	130	124	165	165
	60	Hwt (60.1)	100	Hwt (130.1)	130	174	174
	Hwt (60.1)		Hwt (100.1)		138	185	185
					148	197	197
					160	Hwt	215
					185		Hwt
					Hwt		
					(max 285)		

**2004 High School – Must be in High School or graduated in current year / must provide proof

GIRLS TEAM DUALS

Grades K -2 nd	Grades 3 rd – 5 th	Grades 6 th – 8 th	High School
<i>7 wt. classes</i>	<i>7 wt. classes</i>	<i>7 wt. classes</i>	<i>12 wt. classes</i>
35	58	73	95
40	65	82	100
45	73	91	106
50	82	100	112
55	91	115	118
60	100	130	124
Hwt (60.1)	Hwt (100.1)	Hwt (130.1)	130
			138
			148
			160
			185
			Hwt (max 285)