



# Warrior Wrestling Tournament

## May 21, 2022

### \*Pre-K through High School\*



#### Location:

Middle Creek Community Center  
125 Middle Creek Parkway  
Apex, NC 27539

#### Sessions:

Morning: 6&U – 12&U  
Afternoon: Middle and High  
School

#### Tournament Schedule:

- 7am – 8am Set-Up
- 8am – 9am Morning Weigh-In (6&U – 12&U)
- 9am – 9:30am Coaches Meeting (6&U – 12&U)
- 9:30am Morning Wrestling Start
- 10:30am – 11:30am Weigh Ins (Middle and High School)
- 11:30am – 12pm Coaches Meeting (Middle and High School)
- 12pm Afternoon Wrestling Starts
- 6:00pm Tournament Hard Stop

#### Registration Costs (this is a no card event):

- Online through Trackwrestling: \$25 per division entered
- In Person (Day of event): \$35 per division entered

#### Ages and Weight Divisions:

- 6& Under: 3 Periods ~ 1 Minute
  - o 40, 45, 50, 55, 60, HWT
- 8 & Under: 3 Periods ~ 1 Minute
  - o 45, 50, 55, 60, 65, 70, 75, 80, 90, 120, HWT
- 10 & Under: 3 Periods ~ 1 Minute
  - o 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 103, 125, HWT
- 12 & Under: 3 Periods ~ 1 ½ Minutes
  - o 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 150, HWT
- Middle School: 3 Periods ~ 1 ½ Minutes (Must be 8th Grade or below)
  - o 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 140, 150, 160, 180, HWT
- High School: 3 Periods ~ 1 ½ Minutes (9th-12 grade)
  - o 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 196, 220, HWT

#### Notes:

- Folkstyle only, future events will include Freestyle and Roman-Greco
- Medals for Top Three Finishers
- Concessions will be available, but have to be drunk / eaten outside of gym
- Water only allowed in Gym
- All proceeds go to reducing costs for area wrestlers to attend Compound Wrestling Camp
- Tournament Director: Bobby Lumsden [bobby.lumsden@gmail.com or 919-622-5937]
- Hosted by: Southern Wake Wrestling and The Strong Center 4 Excellence
- **Special Thanks to Stan Chambers and Dynamic Elite Wrestling Club for their Support**