



# 2022 Texas USA Wrestling Freestyle and Greco-Roman State Tournament

## May 14 and 15, 2022

Will Roger Memorial Center—Amon G. Carter Jr. Exhibit Hall  
3401 Lancaster Avenue  
Fort Worth, TX 76107

**NO LATE REGISTRATIONS — NO ON SITE REGISTRATIONS — NO EXCEPTIONS**

**ENTRY DEADLINE — Friday May 13, 2022 — 11:59pm CST firm.**

**Link to pre-register on [www.usawmembership.com](http://www.usawmembership.com)**

**Login the membership site — click USAW Events — click Event Registration — search by state Texas**

### WEIGH IN SCHEDULE

#### FRIDAY

(Wrestlers competing Saturday may weigh-in Friday night or Saturday; wrestlers competing only on Sunday will weigh in at 3:00pm Saturday)

- 7:00pm to 9:00pm (all 14U and younger; 16U and Jr Greco-Roman)

#### SATURDAY

- 7:00am to 8:00am (all 14U and younger; 16U and Jr Greco-Roman)
- 11:00am to 11:30pm (all 14U and younger)
- 3:00pm to 5:00pm (14U and younger FS only; 16 and Jr FS only)

#### SUNDAY

- THERE ARE NO WEIGH-INS ON SUNDAY

### WRESTLING SCHEDULE

#### SATURDAY

##### Session I

- 9:00am—Greco-Roman—Jr, 16U, Jr and 16U Girls combined

##### Session II

- 1:00pm—Greco-Roman—Boys 14U, 12U, 10U, and 8U
- 1:00pm—Freestyle—Girls 14U, 12U, 10U, 8U

##### Session III

- 4:45pm—Freestyle—Boys 14U, 12U, 10U, 8U

#### SUNDAY

##### Session IV

- 9:00am—Freestyle Boys JR, Boys 16U, Girls Jr, Girls 16U

### COACH'S BANDS and LANYARDS

- Coach's bands are \$20 each.
- Coaches must be a minimum NCEP Copper certified.
- Coaches must have their current USAW Card lanyard round their neck. Coaches will scan in with their USAW card to get their wristband.
- There will be no hospitality room for coaches at this event.

### ENTRY FEE

- \$50 for one style
- \$80 for Freestyle and Greco-Roman
- \$25 fee to change weight classes

### ADMISSION

- \$10 per day, 12 and under are free.

### AGE GROUPS—Boys or Girls

- 8U or 8U Girls - born in 2014, 2015, or 2016
- 10U or 10U Girls - born in 2012 or 2013
- 12U or 12U Girls - born in 2010 or 2011
- 14U or 14U Girls - born in 2008 or 2009
- 16U or 16U Girls - born in 2006 or 2007
- Junior or Junior Girls - born 9/1/2002 or later and currently enrolled in 9th to 12th grade
- Girls can also register and compete in the Boys Divisions

### UNIFORMS

- Wrestlers must have Red and Blue high cut singlets; or reversible Red and Blue singlets; or UWW conforming high cut singlets with correct color bands.
- Singlet regulations and guidance can be found here, <https://tinyurl.com/singletrules>
- 2 piece uniforms are not allowed.
- High school singlets with school names, logos, markings are not allowed
- Headgear required for all wrestlers in all 14U, 12U, 10U, and 8U Boys and Girls.

### TEAMS

- Only USAW with a current registration will be recognized
- If your club is not showing when you try to register, email [coachdelgado@gmail.com](mailto:coachdelgado@gmail.com) to get your club affiliation updated.

### AWARDS

- Open and Girls—Custom Medals for 1st to 3rd
- Team Trophies per Style
  - 1st and 2nd place team trophies for Greco-Roman
  - 1st and 2nd place team trophies for Freestyle

**Go to [www.txusaw.com](http://www.txusaw.com) for additional details**

Charlie Strange—[cypresswrestlingclub@gmail.com](mailto:cypresswrestlingclub@gmail.com)

Ray Bedford—[ray.bedford@yahoo.com](mailto:ray.bedford@yahoo.com)

Roy Beckman—[roy.beckman@icloud.com](mailto:roy.beckman@icloud.com)

Jose Delgado—[coachdelgado@gmail.com](mailto:coachdelgado@gmail.com)

Lindsey Spjut—[lsjput@conroeisd.net](mailto:lsjput@conroeisd.net)

Updated 04/20/2022