



Lady Knights Invitational Women's Only Tournament At **Kamiak** High School



- When: Saturday, **January 29th**, 2021
- Schedule: Doors: 6:00 AM
Weigh-in: 7:00 AM
Coaches' Meeting: 8:30 AM
Wrestling starts: 9:00 AM
- Facilitated By: This event will be run on TRACK wrestling
- Format: 16 wrestler brackets for Girls Varsity
Girls JV Round Robin
Championship matches 2-2-2
Consolation & Round Robin matches 1-2-2
- Awards: Medals for top 6 finishes in Varsity (Co-Thirds and Co-Fifths)
Medals will be engraved with the event name, year and weight class
(B-Bracket medals will omit weight class)
- Ribbons for top 2 in JV Round Robin
Ribbons will say Event Name and JV
- Trophies for top three teams
- Entry Fee: \$275 per team or \$40 per wrestler if payment received by 01/14/22.
\$350 per team or \$50 per wrestler if payment received after that date.
(Unlimited numbers) – non-refundable – Varsity Girls and JV girls welcome.
- Sign-up: Sign-up via email to Michele Shigematsu
shigematsuml@mukilteo.wednet.edu
Please include your school's name and estimated number of wrestlers
- Payment: Send checks payable to:
Kamiak High School Athletics
C/O Michele Shigematsu, Athletic Secretary
10801 Harbor Pointe Blvd.
Mukilteo, WA 98275

Please submit your tentative roster on track wrestling by **Wednesday, January 26th**. Please have final roster including seeding information in by 4:30pm on **January 27th**. All wrestlers will be seeded based on previous post season placing and records. In the event there are multiple athletes from the same school competing in the same weight class (if spaces are available in the 16 woman bracket), efforts will be made to place them in separate halves of the bracket.

Admission: \$7 adults \$4 Students w/ASB \$4 Children/Seniors

Tournament Contacts:

Tournament Coordinator – **Norm Sand** norman.sand@att.net – 425-244-5258

TRACK Wrestling Coordinator – LeeAnn Johnson – wswa.leeann@gmail.com -

Tournament Director: John Baldwin - ladyknightswrestling@gmail.com Phone: 425-230-7044

COACHES: Please enter your teams onto track wrestling before the tournament. If for some reason you are unable to please contact Norm and he will assist you.