



## 2022 White Bear Lake Wrestling Tournament

Folkstyle MN/USA State Qualifier

**Saturday, January 8, 2022**

White Bear Lake North Campus High School  
5045 Division Ave, White Bear Lake, MN 55110

**DOORS WILL OPEN AT 7:45 a.m.**

Session	Check-In	Wrestling	Age Group
1	7:50 - 8:20 a.m.	8:30 - 10:00 a.m.	Bantam 8U (2014 - 2015)
2	9:30 - 9:50 a.m.	10:00 - 11:30 a.m.	Intermediate 10U (2012 - 2013)
3	11:00 - 11:20 a.m.	11:30 - 1:00 p.m.	Novice 12U (2010 - 2011)
4	12:30 - 12:50 p.m.	1:00 - 2:30 p.m.	PeeWee 6U (2016 - 2017)
4	12:30 - 12:50 p.m.	1:00 - 2:30 p.m.	School Boy/Girl 14U (2008 - 2009)

### Registration

- A current MN/USA card is required to register and participate in the tournament
- **Register only on [Trackwrestling.com](http://Trackwrestling.com). Wrestlers will not be able to register at the door.**
- Registration is currently open, and closes Friday, January 7 at 8:00 p.m.
- The cost is \$17.00 per wrestler (no refunds if you do not compete at the tournament for any reason).
- If your wrestler pulls out of the tournament, please call, or send an email to the tournament director, so we are not waiting for your wrestler to start the session.

### Admission

- \$5.00 per person at the door (children under 6 are free).
- Cash only accepted at the admissions table.

### **Weigh-Ins and Weight Audit**

- We will not be doing a full on-site weigh-in of every wrestler.
- During registration parents/guardians will enter the wrestler's weight. This is what will be used to pre-create the brackets.
- We are using the "Honor System" and expect parents/guardians to correctly select their wrestler's weight class.
- We will be doing random weight audits of several brackets each session. During check-in, selected wrestlers will be sent over to the weight audit table.
- The wrestler's weight needs to be within 3% of the weight submitted during registration. For example, if a parent/guardian registered their wrestler at 50 lbs, their wrestler can weigh no more than 51.5 lbs.
- If a wrestler is over-weight, the parent/guardian and wrestler must report to the head table immediately. The wrestler will then be removed from the tournament and no refund will be given.

### **Brackets & Additional Information**

- We will be using 4-Man Brackets. Our goal is to get all wrestlers at least 3 matches.
- We are placing 1st – 4th place. All wrestlers will receive a medal.
- There will be concessions on-site all day long. Cash will be accepted.
- We follow the School District 624 policies. At this time masks are required within all schools in the district. Masks will not be required for wrestlers during their matches.

### **Contact Information**

Tournament Director – Chad Macalus, [chadwblbearwrestling@gmail.com](mailto:chadwblbearwrestling@gmail.com), 651-717-5817

Track Wrestling Expert – Shawn Frederixon, [sfrederixon@isd2144.org](mailto:sfrederixon@isd2144.org)