



## 5th ANNUAL GRACE GRIZZLY SHAKEDOWN

**TO:** Wrestling Coaches and Athletic Directors

**FROM:** Grace Christian School AD Paul Salima, [psalima@gracechristianalaska.org](mailto:psalima@gracechristianalaska.org) (907)644-2224  
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**DATE:** November 18th, 2019

Welcome to our 5th Annual Grace Grizzly Grappler now called Grizzly Shakedown Wrestling Tournament after last years 7.0 earthquake. Tournament is on **Friday December 3rd-Saturday December 4th**. We are excited about the growth of our tournament which is open to all levels of wrestling from all schools across the State. **Again this year we will have a Girls Tournament Bracket.** We are excited to have your schools and look forward to a great tournament.

<b>Thursday Dec. 2nd</b>	6:00pm	Coaches Seeding Meeting in Library. Dinner will be
<b>Friday, Dec. 3rd</b>	8:00 a.m.	provided Weigh-Ins Scratch +2. If a team wrestles Thursday +3
	9:00 a.m.	Wrestling Begins
<b>Saturday, Dec. 4th</b>	8:00 a.m.	Weigh-Ins Scratch +3
	9:00 a.m.	Wrestling Begins

**Tournament Format:** 8 man, 16 man and 32 man brackets. **Maximum 2 wrestlers per weight class.**

**Awards:** 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4th place individual medals for each weight class with unique Grizzly Bear.  
Awards Outstanding Wrestler Champion Custom Belt and Grizzly Bear for Boys and Girls  
1<sup>st</sup> and 2<sup>nd</sup> place Team Trophies

**Tournament Fee:** \$250 per team or \$25 per wrestler for teams with 9 or fewer athletes.

**Hospitality Room:** We will have a hospitality room for our Coaches and Officials. Our Cup of Grace Cafe will be open to everyone for concessions with a variety of food items.

**Housing:** Housing will not be provided but we have a couple local schools that do.

**Apparel and Live-streamed:** We will have gear on sale and tournament will be live-streamed at [www.GraceGrizzlies.org](http://www.GraceGrizzlies.org)

**Rosters:** We will use [www.trackwrestling](http://www.trackwrestling) and live scoring. Each team should enter their rosters online. Please email **Bob Ottum** at [bob.ottum@adialaska.com](mailto:bob.ottum@adialaska.com) by **Wednesday, December 1st** to request tournament login to Track Wrestling in order to enter your team members. Please enter your wrestlers into track wrestling ahead of time. All entries and changes must be completed by **6:00 p.m. on Thursday, December 2nd**.