



MAY 13-15th, 2022 ISWA FREESTYLE/GRECO STATE FINALS & GIRLS ISWA FREESTYLE STATE FINALS

AVON HIGH SCHOOL 7575 E. County Rd 150 S. Avon, IN 46123

LOCATION: Avon High School 7575 E. County Rd. 150 South, Avon, IN 46123 From I-465 , Exit US 36 West (Rockville Rd), South on Dan Jones to County Rd. 150 South (Oriole Way)

Clarification to requirements for Freestyle & Greco State & Women's Freestyle State.

Freestyle State

- Wrestlers must compete in 2 qualifying tournaments to participate
- Open to boys & girls (CO-ED)

Women's Freestyle State

- Does NOT require 2 qualifying tournaments to participate

Greco State

- Does NOT require 2 qualifying tournaments to participate
- Open to boys and girls. Girls may compete IF they are NOT competing in the girls freestyle event.
- Wrestlers may only compete in one event per day.

Event & RTC Links

- National/Regional Events: http://usawrestlingevents.com/national_regional.
- Local Events: <https://www.iswa.com/eventschedule>

Find out more details about RTC's here: <http://www.iswa.com/rtc>

PLEASE NOTE THAT YOU MUST WRESTLE AT THIS EVENT IN ORDER TO WRESTLE AT CENTRAL REGIONALS ON MAY 19-22nd, 2022, IN FORT WAYNE IN. YOU MUST ALSO WRESTLE AT CENTRAL REGIONALS OR MEET ONE OF THE OTHER SELECTION PROCESS, IN ORDER TO ATTEND FARGO, ND IN JULY.

PRE-REGISTRATION ON TRACKWRESTLING

This competition is for Indiana residents ONLY! Under no circumstances will out of state wrestlers be allowed. In case of a protest, full time Indiana residency must be verified. Indiana school enrollment will determine residency, if other verification is unavailable or not satisfactory. The wrestler will then be required to produce a copy of a report card or school ID to participate.

Wrestlers should register before May 12th @7:59 pm EST on www.trackwrestling.com. Price \$50 one style, two styles \$75 Walk- in registration is double price \$100 per style. Register before May 10th at Midnight EST. to ensure your athlete's name is on the event shirt. No refunds for registration or entry tickets.

USA Wrestling Competition Card-A 2022 USAW card is required for all Pee-Wee (6U) thru Junior wrestlers to participate in this event. Please purchase your card at www.usawmembership.com prior to the event. An Open License is required for all Senior and Veteran wrestlers (born before 9/1/2001), and can also be purchased through 2022 ISWA Freestyle State Finals requires participation in 2 qualifying events in order to register. A drop down menu list with qualifying events will be provided on Trackwrestling once registration opens.

The Girl's Freestyle State Finals does NOT require a qualifier.

Please make sure to review the upcoming qualifying events in advance. Review all ISWA sanctioned Freestyle Events on www.ISWA.com <<http://www.ISWA.com/eventschedule>. A few additional qualifying events include: Junior Nationals UWW, Flo Nationals, 15U, 16U and Junior World Team Qualifier, Western Regional, NHSCA High School Nationals, sUSAW Folkstyle Nationals

WEIGH-IN DETAILS Enter door #33 for weigh-ins, doors do not open until 6:30 PM EST. Day of the event: Juniors and Cadets will enter door #33, all age groups will enter door #31. On-site weigh-ins ONLY! Wrestlers competing in both Freestyle and Greco can weigh in one time for both styles. Wrestlers SHOULD PREPARE PRINTED USAW CARD FOR WEIGH IN, wrestlers will hand card to officials at weigh-in scale. All weigh-ins will consist of (1) weigh-in and (1) immediate challenge. Wrestlers will not be allowed to leave the weigh-in area. The ISWA does not charge for adjusting weight classes after you register. You are free to adjust your weight class at any time, even at weigh-ins. All wrestlers must weigh-in wearing a competition singlet. (A singlet as specified by the USAW guidelines). Upon arrival wrestlers go directly to skin checks and weigh-ins. Certified Athletic Trainers will be on site to conduct skin checks prior to weigh-ins. All decisions by the trainers regarding participation will be final! (For details, go to: www.iswa.com SELECT - TOURNAMENTS-SPORTS MEDICINE-PHYSICIANS RELEASE FOR WRESTLERS FORM. PRINT AND COMPLETE BY PHYSICIAN ONLY.

Weigh in schedule by last name Friday MAY 13TH all age divisions

FRIDAY MAY 13, 6:30-7:00 PM-LAST NAMES A-G FRIDAY MAY 13, 7:00-7:30 PM-LAST NAMES H-N FRIDAY MAY 13, 7:30- 8:00 PM-LAST NAMES O-Z

FRIDAY MAY 13, 8:00-9:00 PM any other wrestlers

*SUNDAY-GRECO ONLY WEIGH in 7:00-7:30 am. *Sunday Girls Weigh in 8:30-9 am

COMPETITION SCHEDULE DETAILS

All wrestlers must report, ready to wrestle at the following times EST. Both Freestyle and Greco will finish in one day. NO WRESTLERS CAN COMPETE IN TWO AGE GROUPS IN THE SAME TOURNAMENT.

FREESTYLE COMPETITION

SATURDAY WRESTLING SCHEDULE, REPORT AT THE FOLLOWING TIMES:

8 AM EST: 6U, 8U, 16U

11:30 AM EST: 14U, JR, SR, VET

2:30 PM EST: 10U, 12U

GRECO COMPETITION

Sunday WRESTLING SCHEDULE, REPORT AT THE FOLLOWING TIMES:

9 AM EST: 8 U, 10U, 12U, 16U

WOMEN:

10 AM EST: ALL GIRLS' DIVISIONS-FREESTYLE

12:00 PM EST: 14U, JR, SR, VET

Coaches Bands Table times:

Friday: 6:30-9:00 PM Saturday: 7:00 – 8:30, 11:00 – 2:30 Sunday: 8:00 – 10:00, 11:30 – 12:30

COACHES A coach's wristband is required to coach mat side at all ISWA State Final events. Coach's wristbands will only be issued to coaches holding a current 2022 USA Wrestling Leader Membership and minimum USAW/NCEP Copper Certified. In order to receive a coaches band, all coaches must pick up bands at designated time/area with their Wrestling Leader card with photo ID. You will be fitted with only one wristband, do not take it off.

CLUB COACHES 1-5 wrestlers = 2 spectator bands

6-10 wrestlers = 3 spectator bands

11-20 wrestlers = 4 spectator bands

21-29 wrestlers = 5 spectator bands

30+ wrestlers = 6 spectator bands

Club Admins will be provided complimentary spectator bands at the coach's band table. Club admin are responsible for distributing. All coaches are then required to check in at coaches' band tables at delegated times to verify credentials and be fitted. All coaches are required to complete a coaches code of conduct and provide a copy of Wrestling Leader Card (Copper or Bronze certification is required). Photo ID required.

PAIRING Line Bracketing will be used. (Due to qualifications for the USA Wrestling Schoolboy Dual teams, wrestle backs to determine a true 2nd place will be held for the Schoolboy/girl age division only.)

SEPARATION CRITERIA Style Specific—Freestyle & Greco State place winners ONLY! 1st through 4th within the past year will still be separated.

Note: Wrestlers will be required to indicate their placement, in the dropdown menu provided, when they pre-register for each state event at trackwrestling.com.

PLACEMENT MATCHES Placement matches will be wrestled, with a formal award presentation for each weight class held at the conclusion.

AWARDS Champions will receive a custom ISWA singlet courtesy of 3X Gear, a Champions T-Shirt & custom award. Greco Champions will receive a Championship T-Shirt & custom award. Athletes in each competition who finish 2nd thru 8th place will also receive a custom award.

TEAM COMPETITION Limited 2022 ISWA Charter Clubs. Custom plaques will be presented to the 1st, 2nd and 3rd place clubs in the Small, Medium, and Large Club categories. For Academy Clubs (as defined by the ISWA Board of Directors), only 1st place receives a plaque.

Teams must consist of 8 or more wrestlers in order to enter team competition. Team points are calculated using Track Wrestling. Wrestlers must select their team from the Club dropdown menu when registering on trackwrestling.com. No changes will be made once the tournament starts. Points will be awarded for both advancement and placement.

Team Points The ISWA encourages 8-10 volunteers per club to work scoring tables. Volunteers earn 12 club team points toward the team competition score, a volunteer shirt, and food & drinks (for volunteers who work all day). Note: Send an email to office@iswa.com one week prior to the state event for a "Club Volunteer Form" in order to receive the 12 team points and submit shirt sizes.

TABLE HELP ISWA TABLE HELP CONTACT: Jennifer Pierson (317)453-9677, TABLE HELP GUIDELINES DETAIL CAN BE FOUND ONLINE HERE: <https://www.iswa.com/iswastatetablehelp>

TEAM IN & USAW NATIONALS The ISWA State Finals serves as a qualifier for several national tournaments. You must compete in the ISWA FS/GR State Finals in order to wrestle at Central Regionals. You must compete at Central Regionals or meet one of the other selection processes, in order to wrestle in any national events. Team IN details can be found at: www.iswa.com/teamindiana. Detailed information on "Team Indiana" trips will be distributed to all who qualify. Women are not required to qualify for central regionals or nationals. DEADLINE ENTRIES MUST BE MET to guarantee a position on any of the teams! NOTE: 14U will wrestle for TRUE 2nd

HOTELS 2022 ISWA Freestyle State Finals hotel link: <https://hotels.sitesearchllc.net/group-event?id=5774>

ADMISSION \$20 Online Ticketing: www.gofan.co Search: Indiana State Wrestling Association. Age 10 and under FREE. NO CASH AT GATE, Persons over the age of 65 years old are strongly discouraged from attending. Wrestlers do not need an admission ticket



USAW SPECIAL GUEST:

The ISWA would like to welcome Jim Gruenwald as this years "athlete appearance". As a 2x Olympian, 3x world team member and current head coach of Wheaton College, Coach Gruenwald will be doing meet and greets on Friday and Saturday as well as a clinic on Sunday morning at 7:30 am.

Jim Gruenwald will also have his book on sale, to sign, "Not all Roads Lead to Gold"

BOOK SIGNING & APPERANCE TIMES:

7-8:30 Friday (at table)

10-2 Saturday(at table)

7:30-8:30am clinic Sunday plus table session to follow

More info about Jim: American Greco-Roman wrestler, who competed in the men's lightweight category. He won three U.S. national titles (2003–2004, 2008), picked up a bronze medal in the 60-kg division at the 2003 Pan American Games, and represented the United States in two editions of the Olympic Games (2000 and 2004), finishing sixth in Sydney and tenth in Athens respectively. Since his sporting career ended in late 2004, Gruenwald served as an assistant coach for the Greco-Roman wrestling team at the United States Olympic Training Center in Marquette, Michigan from 2005 - 2009, and currently, heads the Wheaton College wrestling program in Illinois.

