

RUMBLE AT CREEKSIDE

Hosted by St. Johns Wrestling Academy

Medals Awarded for Best Performances



When: Saturday, August 7, 2021 • 1:00 pm – 4:00 pm

Where: Creekside High School – Main Gym, 100 Knights Lane, St. Johns, FL 32259

Who: Youth – High School (Grades K-12)

*Grade will be the grade that the wrestler is entering (e.g., a wrestler entering 4th grade will be considered a 4th grader; a wrestler entering 7th grade will be considered a 7th grader, etc)

Wrestling Matches: During this rumble practice session, there will be a series of informal, timed live wrestling matches, where we will seek that each wrestler gets several matches. That’s the focus – LIVE WRESTLING. There will also be some drilling...Coaches will be monitoring the matches, but wrestlers will keep their own scores – we will be working on the Honor System (but eyes will be on all)!...Like in all rumbles, wrestlers will be informally grouped by age division and weight, but best efforts will be used to create groups with no more than 10 lbs weight difference and no more than 2 grades difference (except for high school)...Like in a round robin system, each wrestler in a group will wrestle every other wrestler in the group

***Call Outs:** We will also try to have “Exhibition Matches” – that won’t count toward Medal Matches – for those who want to “wrestle up” for some matches (more than 10 lbs heavier or more than 2 grades older), where wrestlers can “Call Out” other wrestlers for matches.

Medals: GOLD – for most wins in a group; SILVER for 2nd most wins in a group; BRONZE – for 3rd most wins in a group...

Registration: Online registration through Track Wrestling (www.TrackWrestling.com). Also, payment can be made as follows: cash or check at the door, or Venmo to @SJWA-SPARTAN...\$25 registration fee per wrestler.

Must Have an Up to Date AAU Membership: Directions to sign up for an AAU wrestling membership: Go to www.aauwrestling.net, click on “join and register today,” register as an athlete, must click “athlete.” In addition, you will have to create a username and password to sign up.

Questions: Contact Head Coach Rick Marabell at Richard.Marabell@stjohns.k12.fl.us or Assistant Coach Kenneth Del Vecchio at CreeksWrestlingTournaments@gmail.com