



PRIVATE CAMP FOR GREELEY WEST, NORTHRIDGE, DAYSPRING CHRISTIAN, AND PLATTE VALLEY

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Purler Wrestling Academy: USA Wrestling National Team Champions // 4X Tulsa National Champions // Over 2,000 State Medalists since '99.

PRIVATE CAMP FOR GREELEY WEST, NORTHRIDGE, DAYSPRING CHRISTIAN, AND PLATTE VALLEY

DATES- July 14-16, 2021

LOCATION- Northridge High School 100 71st Ave. Greeley, Co 80634

REGISTER @: <https://www.trackwrestling.com/tw/opentournaments/VerifyPassword.jsp?tournamentId=630416132>

CAMP FEE- \$40 per individual

TRAINING SCHEDULE – Day 1 – 2, 9:00 – 11:45 // 12:30-2:45 // 3:00 – 4:00 (Review and hard wrestling)
Day 3, 9:00 – 11:45 // 12:30-2:45 (only 2 sessions on Day 3) Live wrestling after session II

AGE REQUIREMENT – Incoming high school and high school

PURLER TRAINING CAMP MISSION: *“Dangerous in all positions”*

In this camp, you will be taught the Purler™ Wrestling Academy's set of core drill routines from the NEUTRAL, TOP, and BOTTOM positions, including leg riding. It is vital that a wrestler has no weak links in his game as those weaknesses will be exposed every weekend and every practice. After Purler's™ Triple Threat Wrestling Camp your wrestler(s) will be a leg riding master and ready to compete in all positions. While most camps are 'clinic-style' camps, where the kids simply 'learn a move and try it'. Purler Wrestling camps are training-camps where we will put the workers to work in a drill-intensive format so that each wrestler develops the necessary muscle memory to become a better wrestler.

Note – Wrestling, like gymnastics, has a lot of skills to learn and master. Unlike baseball (three moves – hit, throw, & catch) or soccer (two moves- dribble & pass), wrestling is a sport that is very complex. However, 95% of your points come from 5% of the wrestling and this approach gives your wrestler(s) the

FOUNDATION needed to win titles. Remember it isn't just what you learn, it is what you don't learn that also counts. Purler™ Camps promise not to throw 'a move a minute' at you like most camps.

This is the Purler™ Wrestling Academy SYSTEM CAMP that has helped Nick Purler™ build PWA into the nation's largest, most successful wrestling academy in the United States. Click here for the running list of accomplishments that the TRIPLE THREAT system has produced... over 1,000 High School and Youth age level All-Americans and nearly 700 State Champions!

BENEFITS:

Once done wrestlers & will have a blueprint to not only follow but to build a successful career with. Coaches who attend will be able to take the reins and continue the drilling process so your wrestlers can master these skills.

FORMAT – Commuter camp. Wrestlers must provide their own transportation to and from training each day. Wrestlers should bring their own lunch, training gear, and are expected to be on time each day.

CONTACT- For questions – please email jbehrens@greeleyschools.org or call 970-520-2358 for questions. The camp is a Purler Wrestling Academy SYSTEM camp, but is hosted by Greeley West Wrestling; therefore, all questions should be directed towards them.