



WHEN: Saturday, July 24th, 2021

WHERE: Lone Jack High School (313 Bynum RD, Lone Jack, MO 64070)

AGE: All wrestlers in both tournaments must be high school graduates and not actively competing in a collegiate level program.

PRIZES: T-shirts for 1st place Team and Individuals

ADMISSION: \$5.00 per adult not wrestling, \$3.00 per student, Children 5 and under are FREE

TEAM DUAL TOURNAMENT :

At least 3 teams required for event. Limited to the first 16 teams. Pre-registration and payment required by July 1st, 2021. Mail to Ben Call at 313 Bynum RD, Lone Jack, MO 64070. Checks payable to **Lone Jack High School Wrestling**.

WEIGH-INS: 8:30 – 9:30am

WRESTLING: Starts at 10:00am

DETAILS: Teams of 6 wrestlers and 3 alternates

Forfeit empty weight class if less than 6 wrestlers

WEIGHTS: 145, 160, 175, 190, 215, HWT (max 285)

UNIFORMS: Teams are encouraged to wear matching uniforms

RULES: NFHS Folkstyle Handbook Rules

PERIODS: 3 periods (1-1-1) with 1 minute rest between periods

AGE: All wrestlers must be high school graduates and not actively competing in a collegiate level program

AWARDS: T-shirts for 1st place Team and Individuals

ENTRY: \$90 per team | Pre-registration & payment required by 7/12/2021. Checks payable to **Lone Jack High School Wrestling**. Waiver must be signed by all participants!

REGISTRATION: email bcall@lonejackc6.net with team name, members names and weights wrestling.

INDIVIDUAL TOURNAMENT :

WEIGH-INS: 12:00 – 1:00pm

WRESTLING: Starts at approximately 2:00pm

DETAILS: 4 man and 3-man Round Robins Brackets based on age, weight and experience. Novice wrestlers are welcome!

ENTRY: \$25 per individual – register at the door -- CASH ONLY, no pre-registration necessary, Waiver must be signed!

PRE-REGISTRATION LINK: https://www.trackwrestling.com/registration/TW_Register.jsp?tournamentGroupId=196204132

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FOR MORE INFORMATION:

Please contact Ben Call at bcall@lonejackc6.net or 816-719-3975 with any questions.