 **Swamp Donkey**

**Freestyle / Greco / Folkstyle**

**Thompson Middle School**

**100 Warrior Drive**

**Alabaster, AL 35007**

[**Google Map**](https://www.google.com/maps/dir/Thompson+Middle+School+++100+Warrior+Drive+Alabaster,+AL+35007/data=!4m6!4m5!1m1!4e2!1m2!1m1!1s0x888928a12e00dc81:0x79e390fa0e36af96?sa=X&ved=2ahUKEwjr2oDTkszvAhVM1VkKHV1KCBoQ9RcwE3oECCYQBA)

**Its time to kick off the Freestyle and Greco wrestling season with some action at the Swamp Donkey wrestling tournament. We will also have folkstyle at this event to offer a trifecta of wrestling styles. Can you pull off a tri style championship and earn the coveted Swamp Donkey trophy?**

**MANDATORY PRE-REGISTRATION**

Please note that wrestlers will need their [USA Card](https://www.usawmembership.com/login) to pre-register. Tournament Fee is paid online. **Each wrestler may compete in one weight class**. Any wrestler who fails to pre-register will **NOT** be able to compete in the tournament.

Registration will cost $20.00 for one style, 5.00 extra for each additional style

Normal Registration DEADLINE: Friday April 9th at 3:00 pm CST

NO ONSITE Registrations

[Pre-Register Now!](http://www.trackwrestling.com/registration/TW_Register.jsp?tournamentGroupId=196048132)

**Weigh-ins**

Friday April 9th @ 6:00-8:00 PM

Saturday April 10th @ 8:00-9:00 AM

**\*\*\*\* Wrestlers must weigh-in ONCE before they wrestle \*\*\*\***

\*\* Wrestlers may not wrestle in the weight below what they weigh-in at. Actual weight

rounds UP to select a weight class (not the closest weight) during registration.

**Spectator Admissions**

Over 12 - $10

Under 12 - $5

Under 3 – Free

Coaches - $5

**Tournament**

Weights will be grouped to get plenty of matches!

Tournament T-Shirts will be available!

Concessions will be available!

Coaches must have a valid USA or AAU Coaches Card!

Coaches will receive wristband for hospitality room!

**Age Groups, Weights, & Period Lengths**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **AGE DIVISIONS** | **BIRTH DATES** | **FR/GR MATCH**  **TIME LIMITS** | **FOLKSTYLE MATCH**  **TIME LIMITS** | **WEIGHT CLASSES** |
| 8U | 2013 - 2014 | Two 2-minute  periods w/ 30 second  rest between periods | Championship and Consolation: 3 one-minute periods | 43, 45, 49, 53, 56, 62, 70, 85 |
| 10U | 2011-2012 | Two 2-minute  periods w/ 30 second rest between periods | Championship and Consolation: 3 one-minute periods | 49, 53, 56, 59, 63, 67, 71, 77, 84, 93, 105, 120 |
| 12U | 2009-2010 | Two 2-minute  periods w/ 30 second rest between periods | Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods | 58, 63, 67, 70, 74, 78, 82, 86, 92, 98, 108, 117, 135, 160 |
| 14U | 2007-2008 | Two 2-minute  periods w/ 30 second  rest between periods | Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods | 71, 77, 83, 87, 92, 97, 102, 106, 110, 114, 119, 125, 130, 136, 149, 165, 187, 250 |
| 16U | 2005 – 2006 | Two 2-minute  periods w/ 30 second rest between periods | Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods | 88, 94, 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285 |
| Junior | 2001 – 2004 | Two 3-minute  periods w/ 30 second rest between periods | Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods | 100, 106, 113, 120, 126, 132, 138,145, 152, 160, 170, 182, 195, 220, 285 |

**Event Schedule**

**Friday April 9th**

**6:00 - 8:00 PM** Early Weigh-ins (All Tournaments)

**Saturday April 10th**

**8:00 - 9:00 AM** Weigh-ins (All Tournaments)

**10:00 AM - 12:30 PM** Freestyle Tournament

**1:00 PM - 3:00 PM** Greco-Roman Tournament

**3:30 PM - Finish** Folkstyle Tournament

\*\* Awards will be handed out as weight classes are completed (1st-4th) \*\*

\*\*\* Trophies will be handed out at the end of Folkstyle for a Tri-Style Champions \*\*\*

**Tournament Director**

Ben Wanagat – [ben@tournamenttruck.com](mailto:ben@tournamenttruck.com)

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