



**MISSOURI USA WRESTLING
2021 REGION D TOURNAMENT INFORMATION SHEET**

DATE: Saturday, March 6th, 2021
9:00am 8u and 10u Divisions / Doors open at 8:00am
2:00pm 12u and 14u Divisions / Doors open at 1:00pm

LOCATION: Cape Central Junior High School/ 1910 Whitener St, Cape Girardeau, MO 63701

TOURNAMENT DIRECTORS: Clayton Collier 573-382-9919 collierc@capetigers.com
Jarrett Reisenbichler 573-837-0412 reisenbichlerj@capetigers.com

OFFICIALS: All officials will be MSHSAA certified.

WEIGH-INS: Friday, March 5th 6:30-8:00 p.m.
Onsite Location: Cape Central High School
1000 S Silver Springs Rd, Cape Girardeau, MO 63703
Remote Location: Southern Boone YMCA
405 S Main St, Ashland, MO 65010

Saturday, March 6th 7:30-8:00 a.m. for 8U and 10U
12:30-1:00 p.m. for 12U and 14U
Onsite - Separate Entrance: Cape Central Junior High School
1910 Whitener St, Cape Girardeau, MO 63701

Coach check-ins will occur at **onsite weigh-in locations both Friday evening and Saturday.**
See below for admissions guidelines for coaches and spectators.

Entry Fee: \$20.00 non-refundable & MUST be paid at the District Tournament
(No Exceptions)

Scratch Weight. Any wrestler who fails to make the weight at which they qualified at during the weigh-in period will not be allowed to wrestle. **Absolutely no changes.**

Wrestlers will be allowed to weigh-in one time only on Friday night. If a wrestler is over-weight on Friday, than they will be allowed to weigh-in one time only on Saturday morning. Scales will be opened one-half (1/2) hour prior to the weigh-in times on Friday and Saturday to allow wrestlers to check their weight ***at the discretion of the tournament director.*** ***This is no longer a requirement to open the scales up for pre-weight checks.*** After the weigh-ins begin, there will be no checking of weight. Wrestlers must be allowed to use any of the certified scales being used for the competition weigh-ins. Wrestlers who are overweight after their one time weigh-in on Saturday morning will not be allowed to wrestle. **There will be no running, or other weight loss measures, allowed inside the wrestling facility.**



Required at all State Series wrestling events two certified MSHSAA wrestling officials must be present at all weigh-in sites during the Friday evening weigh-ins. The payment to these officials is not to exceed \$20 per official for their Friday evening tasks. The expectation is that the officials are already there on Saturday and will not receive additional compensation. The responsibility of the officials will oversee the weigh-ins at each weigh-in location.

All wrestlers will be required to weigh-in wearing only a singlet with the straps pulled down; females will be required to wear their singlet with a sports bra, or other suitable undergarment. Each wrestler will be visually checked and if a participant is suspected of having a communicable skin disease, or any other condition that may make participation inadvisable, the wrestler must provide written documentation (which must be on the form supplied by MISSOURI USA WRESTLING and obtained by the participants club), dated and signed by a physician, within 14 days of the tournament, stating that the suspected disease or condition is not communicable and that the athlete's participation would not be harmful to their opponent. *They must also have attached a doctor's letterhead or a sheet from the doctor's prescription pad to the skin form.* This document must be furnished at weigh-ins. Covering a communicable condition shall not be considered acceptable and does not make the wrestler eligible to participate.

All suspected skin conditions must be covered at all times while the competitor is on the mat. Further, that in the event said skin condition is not covered, becomes uncovered or is not coverable, then the competitor may be required to forfeit, at the discretion of the tournament director or host official. If a wrestler shows up to wrestle without the condition covered, the wrestler will be put on one of their injury time-outs to correct the situation.

COACHES MEETING: 8:30 a.m. - in the hospitality area.

WRESTLING BEGINS: 9:00 a.m. (8U and 10U)
2:00 p.m. (12U and 14U)

TOURNAMENT FORMAT: This will be a double elimination tournament. There will be no combining of brackets. Two and three person brackets will be wrestled as round robins. The top six place finishers in each weight class and age division from the district tournaments qualified for this tournament.

ADMISSION:

Adults	\$4.00
Students	\$2.00
Under 6	Free

*See next page for spectator limitations.



Each wrestler is allowed 2 spectators total. (This may be a combination of parents/ siblings /etc.) All children will be counted in the spectator allowance. Only coaches with the proper identification including **bronze** certification will be provided with a coaching wristband and allowed mat side.

COACHES: Only coaches presenting a valid 2020-21 USA WRESTLING Leader membership card, with **bronze** certification and a picture ID will be admitted free. Any coach unable to produce both will be charged admission and counted in spectator admission allowance per wrestler. The tournament host has the right to restrict floor access. Coaches Cards are not considered floor passes. Only coaches with a valid USA WRESTLING, Wrestling Leader membership, with a current profile picture on it, and a minimum of **bronze** certification will be allowed to coach at mat side.

ADMISSION GUIDELINES:

Temperatures will be checked at the door. If you have a fever, you will **not** be permitted to enter. Masks must be worn at all times by coaches and spectators as well as wrestlers not actively competing. Practice social distancing (6 feet) from those not in your household. Only 2 spectators per wrestler (including siblings). Cape Central USA Wrestling and Cape Girardeau Public Schools are not responsible for injuries, accidents, illnesses and lost / stolen items. By entering this tournament, you are assuming inherent risks involved.

Match Times: 8U 3-1 minute periods
 10U, 12U & 14U 3-1:30-minute periods, backside 1:00, 1:30, 1:30
 Overtime: Same as high-school rule book

QUALIFICATIONS FOR THE STATE FOLKSTYLE CHAMPIONSHIPS

The top four place finishers in each weight class and age division qualify for the state tournament. Wrestlers must participate in the age and weight class in which they qualified for at the regional tournament. **The state entry fee is \$35.00.** At the conclusion of wrestling at the regional tournament, one club representative shall proceed to the state tournament entry location with a complete list of state qualifiers for their team and one check to cover the entry fee for their team. A state tournament information sheet will be provided for each state qualifier. You will also be handed a state tournament pass for each state qualifier that signs-up to wrestle at the state tournament. This is their entry into the Hy-Vee Arena. They will not receive another one if they lose it.



REGIONAL SEEDING FORMAT

Champion- District 1,3,5,7
BYE

Fifth- District 1,3,5,7
Fourth- District 2,4,6,8

Third- District 1,3,5,7
Sixth- District 2,4,6,8

BYE
Second- District 2,4,6,8

Second- District 1,3,5,7
BYE

Sixth- District 1,3,5,7
Third- District 2,4,6,8

Fourth- District 1,3,5,7
Fifth- District 2,4,6,8

BYE
Champion- District 2,4,6,8