



Rumble In The Valley

January 30th, 2021

A TEAM TN AAU Wrestling Tournament

Hosted by Whitwell Wrestling Club

WHITWELL HIGH SCHOOL

200 TIGER TRAIL

WHITWELL, TN 37397

Event Schedule is as follows: (All Times are CENTRAL TIME ZONE)

WEIGH-INS Saturday 7:30-8:30am

Wrestlers will be able to weigh in on site, ONE HOUR before their session.

. Will check on satellite weigh-ins for Friday Night.

Tots & Midget: 9:00 – 12:00

Bantam & Jr. Novice: 1:00 – 3:00

Middle School: 4:00 – 6:00

Weigh-ins: All wrestlers must show AAU card at weigh in Time.

Weigh-ins will be done in singlets with a one-pound allowance only.

NO WEIGHT CUTTING PERMITTED ON SITE OF WEIGH-INS

Ages for the 2020-2021 Season are as follows

TOTS: Born 2015 or after

BANTAMS: Born 2013, 2014

MIDGETS: Born 2011, 2012

JUNIORS: Born 2009, 2010

MIDDLE SCHOOL: 2006, 2007, 2008

(No High School Wrestlers)

Weight Classes for Individuals:

Tots: 35, 40, 45, 50, 55, HWT

Bantams: 40, 45, 50, 55, 60, 65, 70, 75, 80, 90, HWT

Midget: 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 103, 112, 120, 130, HWT

Junior: 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140, HWT

Middle School: 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 152, 160, 171, 189, 220, 250 (HWT)

COVID GUIDELINES WILL BE FOLLOWED: Everyone in the building will have to wear a mask and have their temperature checked each time they enter the building. We have allotted extra time between sessions to allow space to maintain social distancing.

Process: online at trackwrestling.com

Include: complete all required info for registration including AAU Card number and contact cell phone number

Registration Fee: \$15.00; fee has to be paid through track wrestling.

Registration cut off is 10 PM CENTRAL TIME(CST) on Thursday, January 29th, 2021. There **WILL NOT** be a late registration for these events.

Medals: 1st through 4th place finishers in each division. **Each division will be awarded an *Outstanding Wrestler Award***

Admission: \$5.00 Children under 3- Free

Coaches Entry: Current AAU Card required; 1 coach per 5 athletes not to exceed 8 coaches per club; Extra coaches bands available for \$10

This event is sanctioned by the Amateur Athletic Union of the U. S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU membership must be obtained before the competition begins. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

FOR ADDITIONAL INFORMATION CONTACT:

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