

AAU Eastern District 5 at Bettendorf

AAU District Date: Sunday, Feb. 7th

AAU State Dates: Feb. 27 – 28

General AAU District and State Tournament Information

Counties Included: Includes counties of: Cedar, Clinton, Dubuque, Jackson, Louisa, Muscatine, Scott, and Des Moines

Location: Bettendorf High School. 3333 18th St. Bettendorf , IA 52722

Registration: [Trackwrestling East District @ Bettendorf Link](#)

- **Deadline to Register:** Feb. 5th Midnight
- **Preregistration:** \$20
- **Walk In Cost:** \$30

Weigh Ins: Grades 3 – 6 weigh in 7:00 – 8:00 AM Wrestling Starts 9:00 AM
Grades 7 – 8 weigh in 12:00 – 1:00 PM Wrestling Starts 2:00 PM

- **Wrestlers must have their BIRTH CERTIFICATE and AAU CARD.**
- Wrestlers must weigh in singlet
- Cannot change weight classes after you weigh in. Must decide weight class at weigh ins.

Contact Information: Mark Trizzino trizzihawks@aol.com Phone: 563-349-4245

COVID Guidelines:

- We ask that only family members of wrestlers attend the event.
- All spectators, staff, coaches, workers, and medical personnel will be required to wear masks and try to maintain social distancing when possible. We ask that wrestlers wear masks when not on the mat competing.
- Hand sanitizer and wipes will be available at tables where tournament staff members are present.
- Competition mats will be sanitized throughout the day.
- Athletes will not report to their assigned mat until they are on deck.
- Two coaches will be allowed to sit in the athlete's corner throughout the duration of the match.
- Once a match is done, athletes and coaches must exit the wrestling area and return to the stands.
- Mat officials will signal the match winners by raising the correct color of the arm band.
- Everyone the weigh in area is expected to wear masks.
- All wrestlers will have their temperature checked at weigh ins. Any wrestler with a temperature of 100.4 or higher will be asked to not wrestle and will be given a refund.
- Weigh ins will be conducted in as large a space as possible with at least six feet of space between scales.

General Information:

- Coaches must have an AAU Card and will get free admission but must pay \$10 for coaches band.
- Admission for spectators is \$5 and free for ages 5 and under.

Awards and State Signups:

- Awards and State Signups for the TOP 4 placewinners in each weight class will be in the Commons Area as soon as your bracket is completed.

- There will not be an awards stand. Wrestlers will pick up their medal and state signup materials at the table designated for their age division.
- You must sign up and pay your State Entry before leaving the district site. State entry fee is \$30. If you want a State Tournament T-shirt it must be ordered at districts.

Iowa AAU Kids State Tournament

Feb. 27th - 28th, 2021

Wells Fargo Arena, Des Moines

State Qualifying District Tournaments

February 7th, 2021

Divisions and Weight Classes (All Wrestlers Weigh in Singlet at Districts & State)

- Weights listed are the upper limits for each class. You must make the same weight at state as the weight class in which you qualified at Districts.
- Wrestlers are allowed to enter only one age division and weight class. Wrestlers can move up one grade division or weight class with parent consent. Grade in school is the primary determinant of division. Age can move a wrestler up a division but not down.
- Match Times: A & B Divisions: 1-1-1 C Division: 1.5-1.5-1.5

A Division – 3RD & 4TH Grade: 50, 54, 58, 62, 66, 70, 74, 78, 82, 86, 90, 94, 98, 105, 115, 130, 150, 175(MAX)

If your 12th birthday is in 2021 you must move up a division. 2nd graders may enter with parent consent. NO 1st

graders

B Division – 5TH & 6TH Grade: 60, 65, 70, 74, 78, 82, 86, 90, 94, 98, 103, 108, 114, 120, 128, 138, 148, 160, 180, 215(MAX)

If your 14th birthday is in 2021 you must move up a division.

C Division – 7TH & 8TH Grade: 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 260 (MAX)

If your 16th birthday is in 2021 you are ineligible. **No 9th Graders.**

Brackets & Match Times

Districts: 6 or less wrestlers: Round Robin. Above six wrestlers brackets will be 8, 16, or 32 man cross bracket. Wrestlers will be assigned by random and wrestlers from same club will be separated as much as possible. We wrestle out to 5th place. No 2nd place wrestle back. Will wrestle to true

draw
4th.

Top 4 finishers at each weight qualify for state. If any of the top 4 do not signup, next in order of finish become eligible.

State: Wrestlers are placed in bracket according to a rotating formula using district finishes. Wrestle through 8 places. No 2nd place wrestle back.

Awards

Top 4 medal at Districts. Top 8 medal at State. **State Champions earn a State Champion Backpack**
AAU Club awards at state based on club size.

Entry Information

- Must **bring 2021 AAU card to District** Tournament.
- All AAU cards must be purchased prior to Districts—NOT sold at door. Purchase online at: www.aausports.org.
- You must **bring a copy of your Birth Certificate to districts** to be allowed to wrestle. AAU card is not proof of age.
- Team you register to wrestle for at Districts is same team you will wrestle for at State. You **cannot change after Districts**.

Districts

- \$20.00 entry fee if register in advance at: www.trackwrestling.com
- \$30.00 to enter at door. **NO Mail In Entries**
- District Admission: \$5.00 adults. Free for kids 5 & under.
- Coaches: AAU (adult) card will get you free admission to districts. Coaches band is \$10.

State

- \$30.00 Entry fee.
- Must enter for State at Districts on the day you qualify. State info will be given at districts once you qualify.

*******AAU card required to coach at State & Districts**

Questions: Email Wes Creason at: aauwrestlingiowa@gmail.com

Guidelines

- Wrestlers **must provide copy of AAU Card and Birth Certificate at Districts.**
- No Wrestlers below 2nd grade at Districts
- No individual petition to change district or wrestle outside your district will granted for any reason.
- AAU clubs must be on file by districts to be eligible for team awards at state.
- You must enter district qualifier for your county of residence unless your school is in another district in which case you may enter district tournament that your school is in. In this case you must have copy of your report card as proof of your school.
- You must be an Iowa resident or be enrolled in an Iowa school to be eligible. Bring proof of enrollment if not an Iowa resident.
- Siblings from the same household must wrestle in the same district.
- All AAU club members must register at districts to represent your club at state.
- All wrestlers must weigh in **wearing a singlet**. If you weigh more or less than the weight class you registered for via TrackWrestling for districts, you can change weight classes at the tournament during weigh ins.
- Any violation of age, grade, or residence requirement will result in disqualification for the state tournament.

District Qualifying Sites

- Sites are listed below
- You can only attempt to qualify at your district (county where you live or you go to school) not the county in which your club is located
- Find your district and register at: www.trackwrestling.com
- **Deadline to Register on Trackwrestling:** Friday, February 5th at Midnight
- Do **NOT** mail entry. \$20.00 online entry; \$30.00 walk in

<p>District 1 – Northwest Weigh in time: 7:00 – 8:00 Contact: Scott Wirtz Phone: 712-298-0936</p> <p>Includes counties of: Buena Vista, Cherokee, Clay, Dickinson, Emmet, Ida, Kossuth, Lyon, O’Brien, Osceola, Palo Alto, Plymouth, Pocahontas, Sioux, and Woodbury.</p>	<p>Long Lines Rec Center 401 Gordon Dr. Sioux City, IA 51102 nwdistrict1@yahoo.com</p>	<p>District 5 – East Weigh in time: 7:00 – 8:00 Contact: Mark or Kathy Trizzino Phone: 563-349-4245 [C]</p> <p>Includes counties of: Cedar, Clinton, Dubuque, Jackson, Louisa, Muscatine, Scott, and Des Moines</p>	<p>Bettendorf HS 3333 18th St Bettendorf, IA 52722 trizzihawks@aol.com</p>
<p>District 2 – North Central Weigh in time: 7:00 – 8:00 Contact: Chad Beaman Phone: 515-368-3511</p> <p>Includes these counties: Boone, Calhoun, Franklin, Greene, Hamilton, Hancock, Hardin, Humboldt, Marshall, Story, Tama, Webster, Winnebago, and Wright</p>	<p>Humboldt High School 1500 Wildcat Rd Humboldt, IA 50548 cbeaman@humboldt.k12.ia.us</p>	<p>District 6 – Southeast Weigh in time: 7:00 – 8:00 Contact: Mike Bowlin Cell#: 319-471-2832</p> <p>Includes these counties: Appanoose, Davis, Henry, Jasper, Jefferson, Keokuk, Lee, Mahaska, Marion, Monroe, Poweshiek, Van Buren, Wapello, and Washington</p>	<p>Washington High School 1111 South B Ave. Washington, IA 52353 Southeastdistrict6@aol.com</p>
<p>District 3 – Northeast Weigh in time: 7:00 – 8:00 Contact: Zach Zimmerman Phone: 319-230-8789</p> <p>Includes these counties: Allamakee, Blackhawk, Bremer, Butler, Cerro Gordo, Chickasaw, Clayton, Floyd, Fayette, Grundy, Howard, Mitchell, Winneshiek, and Worth</p>	<p>Waverly-Shell Rock HS 1405 4th Ave SW Waverly, IA 50677 zimmerfz@gmail.com</p>	<p>District 7 – South Central Weigh in time: 7:00 – 8:00 Contact: Matt Young Phone 515-681-3262</p> <p>Includes these counties: Clarke, Dallas, Decatur, Lucas, Madison, Polk, Ringgold, Union, Warren, and Wayne</p>	<p>Indianola Middle School Blake Fieldhouse 403 South 15th St matt.young@indianola.k12.ia.us</p>
<p>District 4 – Mid East</p>	<p>Benton High School</p>	<p>District 8 – Southwest</p>	<p>Glenwood High School</p>

<p>Weigh in time: 7:00 – 8:00</p> <p>Contact: Dee or Larry Hardin Phone: 319-396-8484</p> <p>Includes these counties: Benton, Buchanan, Delaware, Iowa, Johnson, Linn, and Jones</p>	<p>600 1st Ave Van Horne, IA 52346 LHa9391608@aol.com</p> <p>Weigh in time 7:00 – 8:00 Contact: Matt Fletcher Phone: 402-960-6840 matt@powerhousewrestlingclub.com</p> <p>Includes these counties: Adair, Adams, Audubon, Carroll Cass, Crawford, Fremont, Guthrie, Harrison, Mills, Monona, Montgomery, Page, Pottawattomie, Sac, Shelby, and Taylor</p>
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