

Fremont Greco/Freestyle/Folkstyle

Friday, March 19th & Saturday, March 20th

Fremont High School (1900 North 4700 West, Ogden, Utah 84404)

- ❖ Must Pre-register on trackwrestling.com (online only) before 6:00 pm MST on Thursday the 18th
- ❖ Must have current USA Full Athlete Card (can purchase or upgrade at <http://www.usawmembership.com/>)

Cost: \$13 for any 1 style / \$26 for any 2 styles / \$30 for all 3 styles (3rd style is \$4)

2 parents per wrestler are allowed, no siblings or extended family allowed to attend

Girls only divisions for all 3 styles

Weigh-ins: Weigh-ins will be hosted by Chartered Clubs on Wednesday (March 17) or Thursday (March 18). Talk to your coach about where and what time you should weigh in. Coaches please have weights entered by 9pm on Thursday night.

Divisions: 6U (born 2015 or later), 8U (born 2013-2014), 10U (born 2011-2012), 12U (born 2009-2010), 14U (born 2007-2008), 16U (born 2005-2006) Junior (born 9/1/2001-2004 and in high school)

Tournament Format: We will use round robins style bracketing and/or line bracket format. Wrestlers will be placed in groups based on weight, age and skill level. Each group will be assigned to a mat for the tournament. The brackets and mats will change for each of the different styles. We will use staggered start times.

Match/Period Times:

- ❖ Greco: Two 3 min periods for 16U & Junior, all others are two 2 min periods
- ❖ Freestyle: Two 3 min periods for 16U & Junior, all others are two 2 min periods
- ❖ Folkstyle: 6U, 8U, 10U 1-1-1 / 12U, 14U, 16U & Junior 1.5-1.5-1.5

TOURNAMENT SCHEDULE

Friday – Greco

- ❖ 5:30pm-5:45pm Coaches Meeting, Officials Meeting & Rules Clinic
- ❖ 6:00pm-6:30pm Greco (6U, 8U, & 10U)
- ❖ 6:30pm-7:30pm Greco (12U & 14U)
- ❖ 7:30pm-Conclusion Greco (16U, Junior & all girls)

Saturday

- ❖ 8:00am Coaches Meeting, Officials Meeting & Rules Clinic
- ❖ 8:30am-9:30am 10U & 12U Freestyle (session cap is 70)
- ❖ 9:30am-10:45am 10U & 12U Folkstyle (session cap is 70)
- ❖ 10:45am-12:00pm 6U, 8U, All Girls & 14U Freestyle (session cap is 90)
- ❖ 12:00pm-1:30pm 6U, 8U, All Girls & 14U Folkstyle (session cap is 90)
- ❖ 1:30pm-2:30pm 16U and Junior Freestyle (session cap is 90)
- ❖ 2:30pm-3:30pm 16U and Junior Folkstyle (session cap is 90)

*Please make sure you are 15 minutes early to your session as we will start right away

Tournament Director: Jeff Newby

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