



*2020 Utah State Championships
Freestyle & Greco-Roman Wrestling
July 17-18, 2020*

*Surrounding States are invited to attend and compete at
the Utah State Championships*

*The highest placing Utah wrestler will be crowned the Utah State Champion. We will wrestle
for a true Utah State Champion if the top 2 Utah placers have not wrestled each other*

COVID-19 PRECAUTIONS

*If the event is shut down for any reason (we do not anticipate that it will) we will give
full refunds to all competitors. Due to COVID-19 certain precautions will take place such as:*

- Temperature checks as everyone enters the building each day. Temperatures above 100.4
you will not be allowed in the building.*
- No handshaking among athletes, coaches, officials, workers or attendees*
- 1 coach to a corner*
- Coaches with USA Coaches Cards that are coaching are allowed to attend*
- Limit 1 parent per athlete in attendance. We MUST keep attendance down to allow for
social distancing*
- Masks are mandatory for all*
- Mats will be cleaned often and hand sanitizer will be available throughout the venue. We
do encourage everyone to bring their own hand sanitizer as well*
- If you have been exposed to COVID-19 within 14 days prior to the event you should not
attend or if you have any signs or symptoms of COVID-19*

LOCATION: Legacy Events Center in Farmington, Utah 151 South 1100 West, Farmington, Utah

ENTRY FEE: \$25 by PRE-PREREGISTRATION ONLY at www.Trackwrestling.com **by Wednesday, July 15 at 4:00PM.**

Officials: We will have some of the top officials from around the country as well as selecting some in state officials

WEIGH-INS WILL BE ONSITE ONLY : Please see the schedule below to know your weigh in time. No pre-weigh-ins. **If you weigh-in and wrestle in Greco-Roman State on Friday you do not need to weigh-in again on Saturday.**

SCHEDULE

Thursday, July 16

- 5:00-7:00pm Greco Clinic with USA Wrestling National Coach Matt Lindland
 - \$25 if you register online by July 15th and \$40 if you pay onsite – register online at www.wrestleutah.com

Friday, July 17 (Greco-Roman)

- 11:30am Athlete skin check, & weigh-in for 6U, 8U, 16U & All Girls
- 12:15pm Official's Meeting (Mandatory for all officials)
- 1:00pm Coaches Meeting (Review of the rules as well as the challenge process)
- 1:00pm Athlete skin check, & weigh-in for 10U & 12U
- 1:15pm 6U, 8U, 16U & All Girls Greco begin wrestling
- 2:30pm Athlete skin check, & weigh-in for 14U & Junior
- 3:00pm 10U & 12U begin wrestling
- 4:30pm 14U & Junior begin wrestling

*16U's can wrestle in both the 16U and Junior Division

***If you wrestle Greco Roman on Friday, you DO NOT need to weigh in again on Saturday.**

***If you DO NOT wrestle Greco Roman on Friday, YOU MUST weigh in on Saturday**

Saturday, July 18 (Freestyle)

- 7:30am Athlete skin check & weigh-in for Junior Division
- 8:30am Officials Meeting and Coaches Meeting
- 9:00am Wrestling begins for Juniors
- 9:30am Athlete skin check & weigh-in for 14U and Girls Divisions
- 11:15am Athlete skin check & weigh-in for 16U
- 11:30am Wrestling begins for 14U & all girls
- 12:45pm Athlete skin check & weigh-in for 10U & 12U
- 1:15pm wrestling begins for 16U
- 2:00pm Athlete skin check & weigh in for 6U & 8U
- 2:45pm wrestling begins for all 10U & 12U
- 4:00pm wrestling begins for all 6U & 8U

*If you register and weigh-in for the Greco-Roman State on Friday you do not need to weigh-in again on Saturday

*16U's can wrestle in the 16U and Junior Divisions.

Host Hotel

Information will be posted as it becomes available. Watch wrestleutah.com and trackwrestling.com for updates on host hotels.

BRACKETING

Line bracketing will be used. **We will combine weights if they are 3 and under and it makes sense to do so**

WEIGHT CLASSES: We will use the USA Wrestling weight classes listed below.

Boys Divisions

- 6U: 35, 40, 45, 50, 50+
- 8U: 40, 45, 50, 55, 60, 65, 70, 75, 75+
- 10U: 50, 55, 60, 65, 70, 75, 80, 87, 95, 103, 112, 112+
- 12U: 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140, 140+
- 14U: 71, 77, 83, 87, 92, 97, 102, 106, 110, 114, 119, 125, 130, 136, 149, 165, 187, 250
- 16U: 88, 94, 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285

- Junior: 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285

Girls Divisions

- 8U/10U: Either line bracket or round robin (depending on numbers)
- 12U/14U: Either line bracket or round robin (depending on numbers)
- 16U/Junior: 100, 106, 112, 117, 122, 127, 132, 138, 144, 152, 164, 180, HWT

*6U girls can wrestle in the boys division or they can compete in the girls 8U/10U

*All girls can choose to wrestle in the girls division, boys division or both

AWARDS

- Awards will be given to the top six placers in each weight class. Team awards for Club Championship.

LAYOUT, FLOOR ACCESS, AND FACILITIES

Admission is free to spectators. We ask that spectators please remain off the arena floor so the tournament can run smoothly. Wrestlers and coaches only on the floor. Only 2 coaches in a corner. Coaches will need to check in to get their wristbands. Coaches with a USA Coaches Card will receive a coach's band. **Others can purchase a floor pass for \$20.**