

2019 IKWF North Regional Byron High School 696 N Colfax St. Byron, IL 61010 Sunday, March 1, 2020

Weigh-Ins: Saturday February 29th the following locations:

Byron High School

696 N Colfax Street Byron, IL 61010 Contact: Terry Remhof Cell 815-973-0671, teamxtreme001@gmail.com Weigh in Time: Saturday, February 29th from 9:00am - 11:00am Weigh in Location: Wrestling room Teams: Xtreme, Hawk, Polo, Rochelle, Rockford, Stillman Valley

The Hang Out

101 N. Schuyler St. Lena, IL 61048 Contact: Steve Kalkbrenner Cell 815-990-2262, coachkalk@hangoutlena.com Weigh in time: Saturday February 24th 9:00am-11:00am Weigh in Location: The Hang Out Teams: Dakota, Du-Pec, The LAW, Stockton Renegades

<u>Hononegah High School</u>

307 Salem St. Rockton, IL 61072 Contact: Tony Cassioppi Cell: 815-985-3785, tcassioppi@gmail.com Weigh in Time: Saturday, February 29th from 9:00am - 11:00am Weigh in Location: Athletic Entrance, Locker Room Hononegah, Belvidere Bandits, Belvidere WC, DAWC, North Boone, Harlem, Harvard

Weigh in information must be turned in no later than 1:00pm. Hard copy or they maybe emailed to teamxtreme001@gmail.com.

<u>Seeding Meeting:</u> Byron High School Saturday Feb. 29th @ 5:30pm sharp!! Pizza and water provided.

The 2020 IKWF Regional will be held on Sunday March 1, 2020 in the Byron Park District PE Center, located at 420 N Colfax St. Byron, IL 61010. Please enter through the main Park District entrance. Limited bleacher seating and bag chairs are recommended. There will be full concessions all day.

<u>Wrestler Check-In:</u> Sunday, March 1, 2020 from 6:30-8:00am. If your wrestler does not check in on time they will not wrestle, no exceptions. Please make this clear to all of your parents!

<u>Coach's Check-In</u>: Sunday, March 1, 2020 from 6:30-8:00am. ALL COACHES must be BRONZE or COPPER certified and listed on the IKWF Roster in order to coach. We will be checking every coach, every approved coach will be given a wrist band that must be visible on mat side all day. Coaches check in will be in the hallway before you go through the admission gate.

Wrestling will start at approximately 9:00am. We will wrestle on (8) 28' circles that will be clearly marked. We will use trackwrestling software and clocks, under the management of Gene Lee, to run the tournament.

There will be no parents allowed at mat side and all filming must be done from the outside the ropes. We want everyone to be able to see the matches going on, so security ropes and security guards will be in place all day.

If you have any questions or concerns please contact:

Terry Remhof, teamxtreme001@gmail.com, or 815-973-0671

Chris Bonnell, cbonnell@helmgroup.com or 815-590-2721