

Missouri River Rumble

Host: Headwaters Wrestling Academy

Date: February 29 & March 1, 2020

Style: Saturday Folkstyle 9am-1pm, Freestyle 1:30 to finish, Sunday Folkstyle 9am to conclusion Greco will start at the conclusion of Folkstyle. Dual sanctioned event USAW/AAU. Must have current USAW or AAU Card.

Location: Three Forks High School, 210 E Neal St, Three Forks MT

Ages: Tot, Bantam, Intermediate, Novice, Schoolboy, Cadet, Junior for Boys and Girls divisions will be K-2, 3-5, 6-8 and 9-12 grades. We will be using USA Wrestling Weight Classes.

Weigh Ins: Honorary Weigh ins

Registration: Online only at www.trackwrestling.com by February 28, 2020 6pm CST

Entry Fee: \$10 per style or all 3 styles for \$25. No club checks.

Admission: Adults \$7.00 Students \$5.00 Under 5 Free Single day. Adults \$10 Students \$8 for both days.

Coaches: \$15 includes hospitality room for the whole weekend.

Awards: 1st place Plaques 2nd-4th medals

Requirements: Each club must provide table workers and referee or your club will be assessed a fine.

Concessions: We will have concessions available on site. No Coolers will be allowed

Gear: Tournament tshirts and sweatshirts will be available.

Director: Shaun Hungerford 406-580-4470 shaunh.lmf@gmail.com for questions.

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

§ All participants must have a current AAU membership.

§ AAU membership may not be included as part of the entry fee to the event.

§ AAU Youth Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event. Due to background screenings, please allow up to 10 days for adult memberships to be processed.

§ Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.