



Wyoming Amateur Wrestling Association
Junior & Female Junior State Championship

Powell High School
1151 E 7th Street
Powell, WY 82435



Saturday - March 7, 2020 Greco & Freestyle \$10 for both

SafeSport Training prior to purchasing a USAW card is required if athlete is age 17 or older. A current USA Wrestling card is required in order to register, \$50 for USAW card. No cards will be issued at tournament venue. USAW card purchase deadline March 5th prior to registration deadline. If age verification is needed, it must be presented at weigh card pick up. **ATHLETES MUST BE A WYOMING RESIDENT, HAVE A CURRENT USAW/WAWA ATHLETE CARD AND BE PREREGISTERED IN ORDER TO WRESTLE.** Contact Vickie Tolin, (307)258-6315 or vickie@vickietolin.com for more information.

All coaches required to have a current USAW Wrestling Leader card with picture. Bronze level certification is required.

Online Registration Required

Deadline on Trackwrestling.com is Thursday March 5, 2020 at midnight.

Junior Weights

100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285

Junior Women Weights

100, 106, 112, 117, 122, 127, 132, 138, 144, 152, 164, 180, 200, 225

A 3 pound allowance will be given to all athletes at weigh-ins. Red and blue singlets are required for greco & freestyle wrestling. Headgear is strongly encouraged but not required.

7:30 AM

Weigh Card Pick Up for All Athletes

7:30 AM

Coach Band Pick Up

8 AM

WEIGH-INS for ALL ATHLETES

All athletes must be in weigh in area at start of weigh ins

8:30 AM

Mat Officials Clinic

9:30 AM

GRECO WRESTLING

1 PM

Mat Officials Clinic

1:30 PM

FREESTYLE WRESTLING

Junior Director – Cory Allison

cory.awoil@yahoo.com or 307 680-5082

Women Director – Jessica Brenton

jessica_brenton@aol.com or 307 258-0725

Cultural Exchange Director - Chris Young

wyomat71@gmail.com or 307 359-0089

This tournament is the Junior National Qualifier. The top four place winners in each weight from the Freestyle Championship will be eligible for the National team.

Cultural Exchange Team. Submitting an application of interest to be considered for the team is how the cultural exchange team will be made. Applications will be due to Cultural Exchange Director no later than the first weekend in March of the current season. The process of picking the team will be up to the Cultural Exchange Director and should be filled with high school Seniors first then move down to freshman until the team is full. The team will try and be filled with athletes that have never gone on the trip before. If the cultural exchange director is unable to fill a team with athletes that have never gone before it is up to the discretion of the director to fill with previous cultural members to try and fill the team.

For TrackWrestling and Pairing related questions, please contact: Danielle Dalton

Phone: 307 870-4330 Email: danielle.dalton01@gmail.com

