

Nebraska USA Wrestling District 4 Tournament Sunday March 8th 2020

Check In	Wrestle	Division	Mats
8:00-9:00 am	9:30 am	PreK-K, 1-2	6 mats main gym
8:00-9:00 am	9:30 am	7-8	3 mats aux gym
9:00-10 am	After PreK-K, 1-2	3-4	6 mats main gym
9:00-10 am	After 3-4	5-6	3 mats main gym

NOTE- Number of mats may change due to flow of meet

IF YOU OR YOUR CLUB RESIDES IN: Adams, Butler, Clay, Fillmore, Hamilton, Hall, Howard, Jefferson, Nuckolls, Polk, Saline, Seward, Thayer, Webster, or York county, THIS IS YOUR DISTRICT TO QUALIFY FOR THE USA STATE FOLKSTYLE TOURNAMENT.

Location- York High School- 1005 Duke Drive York, NE 68467

Registration: Taking online registrations only at www.trackwrestling.com. Must be completed by Friday, March 6th at 1 PM. No walk ins!

Link to registration: https://www.trackwrestling.com/registration/TW_Register.jsp?tournamentGroupId=176817132

You do not need a Nebraska USA Card to participate in this District Tournament. You **will** need one for USA State on March 21 in Grand Island, NE.

Cost: \$25.00 per wrestler – Online ONLY

Admission: Adults \$5.00 Children \$3.00

Awards: Medals for Top 6 places.. Top 4 Qualify for USA State Folkstyle Tournament

Weigh-ins: Satellite Weigh-ins Only on Saturday March 7th – must weigh in with a singlet on. **6-7 PM at the locations listed below**
ALL AGE GROUPS WILL WEIGH IN!!

Locations for satellite weigh ins below- all weigh ins are on Saturday March 7th from 6-7 PM

For information on specific location of weigh ins please contact coaches by email listed below-

York HS- Chad Mattox- chad.mattox@yorkdukes.org

David City HS- Tahner Thiem- thiem@dcscouts.org

Seward HS- Bob Core- tiffany.core@sewardschools.org

Meridian HS- Steve Huls- steve_d_huls@yahoo.com

Adams Central HS- Dan Lonowski- dan.lonowski@adams-central.org

Shelby HS- Heath Vrbka- Heath.vrbka@channel.com

Grand Island HS- Joey Morrison- jbmorrison@gips.org

Crete HS- Aaron Wagoner- aaronw@creteschools.org

Northwest HS- Brian Sybrandts- bsybrandts@ginorthwest.org

Wood River HS- Darin Waddington dwadding@wrrsd.org

Fairbury HS- Derek Garfield- dgarfield@fairburyjeffs.org

Centennial HS- Phil Payne- phil.payne@centennialbroncos.org

Milford HS- Joe Schluckebier - joe@insurene.com

Hastings HS- Nolan Laux- nolan.laux@hpstigers.org

Wilber HS- Jamie Bates- james.bates@wilberclatonia.org

Questions: Contact Chad Mattox at chad.mattox@yorkdukes.org

The USA State Folkstyle Tournament in Grand Island on March 21st 2020 is:

Qualifier for the Middle School National Dual Team, Qualifier for the Elementary National Dual Team

2020 Grade Divisions and Weight Classes *NO WEIGHT ALLOWANCE FOR ANY WEIGHT CLASSES IN ANY DIVISIONS

Grade Weight Classes

PreK-K Submit actual weight (weight classes will be determined)

1-2 40, 45, 50, 53, 56, 59, 62, 65, 70, 75, 85, 95, 115, 140

3-4 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 140, 160

5-6 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140, 160, 200, 250

7-8 75, 80, 85, 90, 95, 102, 110, 117, 125, 132, 140, 150, 160, 175, 195, 220, 275