



COUGAR CLASH - Freestyle/Greco

Date: February 29th, 2020

Location: Spanish Springs High School. 1065 Eagle Canyon Dr. Spanish Springs, NV. 89441

**Registration
& Weigh-Ins:**

\$20 per wrestler (for 1 style or both BOGO), late registration will be \$25

Must register through Trackwrestling.com by noon on 2/27.

No registration morning of event

Remote weigh-ins only. Weights due by noon on 2/28

Non SWA affiliated wrestlers please email weights to kimikaym@gmail.com

Division Schedule: 6U, 8U, 10U, Girls AM - 1st Session

12U, MS, 19U HS - 2nd Session

7:00 am – Skin & Nail check

7:30 am – Coaches Meeting

7:45 am – CLEAR THE MATS

8:00 am – Wrestling Begins

10:00 am – Skin & Nail check

2nd session will begin following the end of the first session. 30 minutes warmup will be given.

Concessions: Snack Bar will be open all day.

Medals: 1st – 3rd

Brackets:

Wrestlers will be allowed to double bracket or wrestle up in age or weight.

Weights will be pooled where necessary.

Girls only brackets will be available if participation allows.

Other:

USA Wrestling Cards and headgear are required for all wrestlers

Coach's cards are required for all coaches on mats, must be visible on a lanyard

Mat access limited to wrestlers, coaches, referees, and volunteers.



Contact:

Joe Imelli 775-772-3332