



## Central Wisconsin State Training Series

### Live Competition Practices

Starting Wednesday Feb 5th @ The Beast Cage  
3039 State Hwy 73, Wisconsin Rapids, WI 54495

The Beast Cage in Wisconsin Rapids will be starting a Central Wisconsin State Training Series on Wednesday February 5th @ The Beast Cage. This training opportunity is open to any wrestler from any community and will consist of 8 practices over the course of the 8 weeks leading up to the WWF Folkstyle State Tournament. Practices will consist of mostly live wrestling from various positions with guidance on strategy and technique from those situations. Come take advantage of the opportunity to wrestle live with some of the best wrestlers in the state. There will be two separate sessions based on grade.

#### 1st - 5th Grade

- 6:00 p.m. to 7:00 p.m.
- Starts on Wednesday February 5th
- Cost: \$10 per session or \$60 for all 8 sessions

#### 6th - 8th Grade

- 7:00 p.m. to 8:00 p.m.
- Starts on Wednesday February 5th
- Cost: \$10 per session or \$60 for all 8 sessions

Register using the following link:

[http://www.trackwrestling.com/registration/TW\\_Register.jsp?tournamentGroupId=173623132](http://www.trackwrestling.com/registration/TW_Register.jsp?tournamentGroupId=173623132)

Contact [justin.tritz@sportsengine.com](mailto:justin.tritz@sportsengine.com) for more information