**AYWO-AAU Central Regional Championship**

**January 25th, 2020**

**Hayden High School**

125 Atwood Rd, Hayden, AL 35079

[Google Map](https://www.google.com/search?q=125+Atwood+Rd%2C+Hayden%2C+AL+35079&rlz=1C1GCEA_enUS848US848&oq=125+Atwood+Rd%2C+Hayden%2C+AL+35079&aqs=chrome..69i57j0.1290j0j8&sourceid=chrome&ie=UTF-8)

**MANDATORY PRE-REGISTRATION**

Please note that wrestlers will need their [AAU Card](https://play.aausports.org/AccountRegistration.aspx) and [Trackwrestling](http://tw01.trackwrestling.com/tw/membership/TWRegistration.jsp?TIM=885680&twSessionId=awslnpundlkogdm&fromDomain=1.0E-5) number to pre-register. Tournament Fee is paid online. **Each wrestler may compete in one weight class in two age divisions**. When pre-registering, each wrestler is required to select a skill level. No beginner brackets. Any wrestler who fails to pre-register will **NOT** be able to compete in the tournament.

Registration will cost $17.00 Late registration will cost $22.00

Normal Registration DEADLINE: Friday January 24th at 9:00 am CST

Late Registration: 9:01am to 12:00 pm CST

[Pre-Register Now!](http://www.trackwrestling.com/registration/TW_Register.jsp?tournamentGroupId=168324132)

**\*\*\*\*\*\*\* REGIONAL DUALS TEAMS \*\*\*\*\*\*\*\***

Regional duals teams are selected from the **K – 6 grades** at the regional tournaments. Each regional director will put together 2 teams. The teams will be notified by email on Sunday, Jan 26th at noon. The weight classes for for the following weight classes:

40, 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 108, 116, 125, 140, 170, HWT (up to 220).

These teams will wrestle on Sunday, February 2nd at Thompson HS in a 6 team round robin. There will be online registration for the duals, for those selected to compete in the duals. Wrestlers invited to compete in the duals **must** register themselves for the event.

**SATELLITE WEIGH-IN**

**NOTE:** Only Tot and Bantam divisions will use satellite weigh in sheet. TOT and Bantam wrestlers DO NOT receive a 1 lbs allowance. We encourage and fully expect our coaches and club representatives to demonstrate integrity in the weigh-in process.  Each Club will weigh in their wrestlers on Thursday night after practice or by Friday before the 12:00 pm deadline. The Wrestler’s weight will be written on his left arm by a coach or club representative. **Coaches will f*ollow the directions*** on the [Satellite Weigh-In Page](http://alabamayouthwrestling.org/satellite-weigh-ins) on how to copy and share the weigh-in sheet.  Be sure to share the document with AYWO, Tournament Host, and Tournament Director by the 12:00 pm deadline on Friday. The Tournament Host and Tournament Director will match the Club Weigh-in Document to the Pre-Registration Data to ensure all wrestlers are in the correct bracket. Note: Please review the AAU policy on satellite weigh-in as well as the rules pertaining to growth allowance and challenge procedures.

**ONSITE WEIGH-IN**

Age groups Midget, Novice and Schoolboy will begin 1 hour and 45 min prior to start time of each age division and will end 45 min prior to start time. 1 lbs allowance for onsite weigh ins. Each wrestler must weigh in during their appointed weigh in times. After the weigh in is closed, any wrestler that misses the weigh in can bump up to the next division.

**Tournament Host:** Todd McGill, [haydenyouthwrestling@gmail.com](mailto:haydenyouthwrestling@gmail.com)

**Tournament Operations Director**: Ben Wanagat, [benwanagat@gmail.com](mailto:benwanagat@gmail.com)

**Information**

AYWO Standards will be used for age divisions and weight classes.

The wrestle-back format will be used to determine a true second place finish.

Coaches must maintain a visible **AAU Card** and must **provide proof of the completed CDC Concussion training** to be allowed on the mats and in the hospitality room.

Only two coaches are allowed in the corner during a match.

Entrance Fees: Adults: $5.00, Kids: $3.00, Under 3 free

**Saturday January 25th Wrestling Schedule**

**TOT** Division Born 1/1/2013 – 12/31/2015: Wrestling begins at 9:00 am – 11:45 am

35, 40, 45, 50, 55, 55, 60, 65, 65+

**BANTAM** Division Born 1/1/2011 – 12/31/2012: Wrestling begins at 9:00 am – 11:45 am

40, 45, 50, 55, 60, 65, 70, 75, 80, 90, 105, 105+

**MIDGET** Division Born 1/1/2009 – 12/31/2010: Wrestling begins at 12:15 pm – 3:00 pm

Weigh in: 10:30 am to 11:30 am.

50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 103, 112, 120, 130, 130+

**NOVICE** Division Born 1/1/2007 – 12/31/2008: Wrestling begins at 3:15 pm – finish

Weigh in: 1:30 pm to 2:30 pm

60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140, 140+

**SCHOOLBOY** Division Born 1/1/2005 – 12/31/2006: Wrestling begins at 3:15 pm – finish

Weigh in: 1:30 pm to 2:30 pm

70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135,140,145, 150, 160,171, 189, 220,220+

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This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU Youth Athlete membership must be obtained before the competition begins.

BE PREPARED!

Adult and Non Athlete memberships are no longer instant and cannot be applied for at event.

Please allow at least 10 days for membership to be processed.

Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.