
1st Annual
Lebanon High School Girls Wrestling
Invitational
Saturday, December 14, 2019

Where: Lebanon Middle School
1800 North Grant St
Lebanon, IN 46052

Time: 7:00 am (EST) Doors Open
8:00 am Weigh-In
8:30 am Coaches Meeting
9:00 am Wrestling Begins

Weigh-In: Weigh-in will be conducted the date of the invite to confirm weight and do skin checks at 8:00 am. Wrestlers will weigh in their singlets.

Format: We will be wrestling on 2 mats with 2 or 3 officials. Regular full match time 2-2-2. Depending on how many girls we have signed up is whether we wrestle true weight classes or if we match girls up closest to their weight. The goal is to get each girl 3-4 matches.

Instructions: You **MUST** send your wrestlers name and weight class they plan to compete at by 12:00 pm on Friday, December 13th to Jeremy Goodlett at jgoodlett78@gmail.com

Entry Fee: \$10 per wrestler or \$75 per team with more than 7 wrestlers

Concessions: Concessions will be open to serve spectators.

Hospitality: A hospitality room will be provided for coaches, officials and workers.

Admission: \$6 per person, kids 10 years old and under are free

Trainer: A Certified Athletic Trainer will be on site Lebanon is a partner with Witham Sports Medicine.

Locker Room: Will be provided for changing. Please do not leave anything in the locker room. We are not responsible for anything that is stolen or left in locker
