




## BRINGING TOGETHER THE BEST OF THE MIDWEST & BEYOND

PAST TOURNAMENTS HAVE FEATURED WRESTLERS FROM MINNESOTA, IOWA, WISCONSIN, NORTH DAKOTA, SOUTH DAKOTA, MICHIGAN, ILLINOIS, OHIO, MISSOURI, NEBRASKA, INDIANA, LOUISIANA, ARIZONA, FLORIDA, TENNESSEE, COLORADO, CALIFORNIA & WYOMING




	<b>YELLOWJACKET NATIONALS</b>	<b>BADGERLAND NATIONALS</b>	<b>HAWKEYE NATIONALS</b>	<b>GOPHER STATE NATIONALS</b>
<b>DATE</b>	<b>December 14 2019</b>	<b>January 4 2020</b>	<b>January 18-19 2020</b>	<b>February 8-9 2020</b>
<b>LOCATION</b>	Rochester Community College	La Crosse Center	Young Arena	Monticello High School
<b>ADDRESS</b>	851 30th Avenue SE Rochester, MN 55904	300 Harborview Plaza La Crosse, WI 54601	125 Commercial Street Waterloo, IA 50701	5225 School Blvd Monticello, MN 55362
<b>EARLY BIRD DATE</b>	<b>December 6th</b>	<b>December 28th</b>	<b>January 10th</b>	<b>January 31st</b>
<b>DEADLINE</b>	<b>December 10th</b>	<b>January 1st</b>	<b>January 14th</b>	<b>February 4th</b>
<b>COMPETITION DATES</b>	December 14th All Grades	January 4th All Grades	Jan 18: Grades 3-4, 5-6 Jan 19: Grades K, 1-2, 7-8	Feb 8: Grades 3-4, 5-6 Feb 9: Grades K, 1-2, 7-8
<b>FRIDAY WEIGH-IN OPTION</b>	<b>YES</b>	<b>YES</b>	<b>NO</b>	<b>NO</b>
<b>REGISTRATION</b>	<b>WEBSITE</b>	<b>WEBSITE</b>	<b>WEBSITE</b>	<b>WEBSITE</b>

### ONLINE REGISTRATION ONLY - TRACKWRESTLING

<b>FORMAT</b>	Wrestlers from all states are eligible. Open registration; double elimination; top wrestlers in each weight class identified and seeded into bracket; wrestlers from same club will be separated.
<b>ENTRY FEE</b>	\$40 - \$45 per wrestler ( <b>Pre-Registration is MANDATORY</b> ) No additional membership/card fee required. Refunds will not be issued after the entry deadline - no exceptions.
<b>LATE ENTRIES</b>	Late entries will <b>not</b> be accepted.
<b>START TIMES</b>	Wrestling will begin at 9:00am (subject to change)
<b>NO SHOWS</b>	Wrestlers who have registered but will not be able to attend are strongly encouraged to let us know before the tournament. Please send an email to <a href="mailto:wssgeneral@gmail.com">wssgeneral@gmail.com</a> .

<b>HOTEL INFO</b>	Can be found online at <a href="http://www.midwestwrestlingtour.org">www.midwestwrestlingtour.org</a>
<b>WEIGH-INS/ RULES/ GRADES</b>	<p>From 7:00-8:30am on the day you wrestle (Friday available for some events)</p> <ul style="list-style-type: none"> <li>We will <u>not</u> re-bracket or refund wrestlers who do not make their declared weight.</li> <li>All participants must weight in and go through a skin check to be cleared to wrestle. If a wrestler has any type of skin rash, they must present a letter from a doctor or physician. The letter must state the affliction is not in the contagious phase during the tournament. Persons conducting the skin checks will make final determinations.</li> <li>Parents will not be allowed at the scales at weigh-ins.</li> <li>A test scale will be on-site when available.</li> <li>Limit weight-loss activities to running, spitting and bathroom prior to final weigh-in. All other weight-cutting activities are prohibited.</li> <li>Singlet must be worn during weigh-in.</li> <li>Wrestlers must weigh at or less than the weight selected during registration.</li> <li>Weight classes are determined by grade and weight.</li> <li>We will <u>not</u> re-bracket or refund wrestlers who do not make their declared weight.</li> <li>Wrestlers are allowed to enter only one grade division and weight class per day.</li> </ul>
<b>WEIGH-IN TIMES</b>	<p>Friday Weigh-Ins (Yellowjacket &amp; Badgerland): Must weigh at or below registered weight. NO ALLOWANCE.</p> <p>Saturday Weigh-Ins (All Events): Wrestler will have a .9 allowance.</p>
<b>WEIGHT CLASSES</b>	<p><b>Pre-K &amp; K:</b> 40, 45, 50, 55, 60, HWT</p> <p><b>1st &amp; 2nd Grade:</b> 50, 45, 50, 55, 60, 65, 70, 75, 80, 90, HWT</p> <p><b>3rd &amp; 4th Grade:</b> 52, 56, 60, 63, 66, 69, 72, 75, 80, 85, 90, 95, 105, 115, 125, HWT</p> <p><b>5th &amp; 6th Grade:</b> 60, 65, 70, 74, 78, 82, 86, 90, 95, 102, 110, 120, 130, 155, HWT</p> <p><b>7th &amp; 8th Grade:</b> 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 140, 150, 160, 175, HWT</p>
<b>RULES</b>	<p>This event will be conducted according to the rules as outlined by the high school association where the tournament is located with the exceptions listed below. This applies to wrestling techniques as well as conduct, attire and decorum on the mat.</p> <ul style="list-style-type: none"> <li>No coaches on mats prior to the start of wrestling.</li> <li>Singlets and headgear are required; laces must be taped.</li> <li>Matches will not be delayed if there is not a coach present. The wrestler can choose to either wrestle with a coach or forfeit.</li> <li>Calls made by the officials are final. Protest will not be accepted.</li> <li>Wrestlers are allowed to enter only one grade and weight class per day.</li> </ul>
<b>GRADE VERIFICATION</b>	<p>You must bring current year grade verification and present it to the tournament director upon request. Anyone questioning the grade/eligibility of another wrestler must file an official protest with the tournament director and submit a \$100 cash deposit. If the protest is upheld, the \$100 will be returned to the person issuing the protest. If the protest is not upheld, the \$100 fee will not be returned.</p>
<b>TIMING FACTORS</b>	<p>Three (3) 1-minute periods for Grades: Pre-K &amp; K, 1st-2nd, 3rd-4th</p> <p>Three (3) 1.5-minute periods for Grades: 5th-6th, 7th-8th</p>

<b>AWARDS</b>	1st-6th places will receive a custom medal. The MWT Belt will be awarded to wrestlers who place 1st - 4th at three of the four MWT tournaments.
<b>ADMISSION FEE</b>	Wrestlers will be admitted free of charge. Coaches and spectators will have to pay an admission fee. Daily Admission: Adults - \$10; Students - \$3 Two-Day Pass: Adults - \$15; Students - \$5
<b>FLOOR PASS</b>	In an effort to limit the number of people mat-side, we offer floor passes. This fee will be in addition to the daily admission fee. Two individuals with a floor pass will be allowed to sit in the wrestler's coaches corner. 1-Day Floor Pass - \$10; 2-Day Floor Pass - \$15
<b>BRACKETS</b>	4, 5 & 6-person Round Robin; 8-person bracket; 16-person bracket; 32-person bracket Weight classes with more than 32 wrestlers will be split by grade.
<b>MATS</b>	Full mats for all grades when space allows. Pre-K & K, 1 & 2 may be reduced to half mats if needed (Full mats are preferred)
<b>OFFICIALS</b>	High School Certified
<b>INSURANCE</b>	If a wrestler currently has their own medical/accident insurance, there will be no additional card or insurance fees required to participate in the MWT events. Contact us if you are in need of insurance.
<b>CONCESSIONS</b>	A full concession stand will be available with some healthy options. No Carry-Ins, coolers or outside food will be allowed to be brought into the facility.
<b>SPONSOR</b>	 <b>CLIFF KEEN ATHLETIC</b>
<b>COMMUNICATION</b>	Communication will be delivered via email and the <a href="http://www.midwestwrestlingtour.org">Midwest Wrestling Tour website</a> . <b>Be sure to provide a valid <u>email address</u> when you register.</b>
<b>NOTE</b>	All information provided in this entry packet is subject to change.
<b>CONTACT INFO</b>	Website: <a href="http://www.midwestwrestlingtour.org">www.midwestwrestlingtour.org</a> Email: <a href="mailto:lance@wisportsservices.org">lance@wisportsservices.org</a> Phone: 608-210-1710

<b>HIGHLIGHTS</b>	<ul style="list-style-type: none"> <li>• Identify top wrestlers and seed into brackets in an attempt to avoid early matchups</li> <li>• Full integrated Trackwrestling setup; Electronic score clocks</li> <li>• Live Streaming for every match on Trackwrestling</li> <li>• Big Brackets</li> <li>• Full Mats</li> <li>• Ability to view registered wrestlers</li> <li>• Live online results</li> <li>• Wrestlers from 12-15 different states every year</li> <li>• Increased effort to recruit wrestlers from other states</li> <li>• Big Custom Medals</li> <li>• Brackets posted online before tournament</li> <li>• 1.5 minute periods for Grades 5th - 8th</li> <li>• High School Certified Officials</li> <li>• First-class facilities</li> </ul>
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