2019 Bluegrass Nationals - Wrestling
Saturday December 7, 2019

*Hosted by* River City Wrestling Club
Kiva Sports (Ohio Valley Volleyball Center)
1820 Taylor Avenue
Louisville, KY 40213

**Event Schedule**
Weigh-ins: All wrestlers must have valid USA Wrestling Card to Register.
Weigh-ins will be done in singlets. No weight allowance.
NO WEIGHT CUTTING AT WEIGH-INS
Wrestlers can wrestle in their age group and/or up one age group/division.
Wrestlers may only wrestle in one age division per session (morning/afternoon).
If adding or changing divisions you must email request in advance.

**Friday:** Weigh-ins 6:30pm – 8:30pm EST at Kiva Sports

**Saturday:** Weigh-ins at Kiva Sports for those not weighed in Friday (see schedule below)

**Morning Session: PeeWee, Bantams and Novice**
Weigh-ins 6:30 am – 7:30 am EST  Wrestle approx. 8:30 AM

**Afternoon Session: Intermediate and Middle School**
Weigh-ins 11:30 am – 12:30 pm EST  Wrestle approx. 1:15

**Tournament Information**
35, 40, 45, 50, 55, HWT (10lbs max diff)

Bantam (2012-2013):
43, 45, 49, 53, 56, 62, 70, 85

Intermediate (2010-2011):
49, 53, 56, 59, 63, 67, 71, 77, 84, 93, 105, 120

58, 63, 67, 70, 74, 78, 82, 86, 92, 98, 108, 117, 135, 160

**Middle School (8/1/2005-2007) NO HIGH SCHOOL WRESTLERS:**
70, 75, 80, 86, 92, 98, 105, 113, 121, 130, 140, 152, 168, 190, 240

Register and pay online at [www.trackwrestling.com](http://www.trackwrestling.com)

Be sure to check [www.trackwrestling.com](http://www.trackwrestling.com) for the most up to date information!

**Medals:** 1st through 4th place in each division, 5th and 6th for brackets bigger than 16.

**Early Registration Cost:** $15.00 Register by November 23, 2019

**Registration Cost:** $25.00 (one age division) additional $15 for second age division

Late Registration: $35.00 (for all wrestlers who do not pre-register by midnight on Tuesday November 28th)

**Discount Codes** are available for teams bringing more than 15 wrestlers. Email us to request a code.

Register early because this tournament will be capped at 800!

**Admission:** Adults- $10.00 | under 12- $5.00 | under 6- Free

**Coaches Entry:** Current USA membership card required to be on the floor coaching an athlete and receive free entry.

This event is sanctioned by USA Wrestling
Visit the USA Wrestling website [https://www.usawmembership.com](https://www.usawmembership.com) to obtain membership card.

FOR ADDITIONAL INFORMATION CONTACT:
Tyler Baines 502-609-7740   Efren Quirino 502-500-4012
CoachBaines@rivercitywrestling.org   CoachQ@rivercitywrestling.org
2019 High School Bluegrass National Duals
Saturday December 7, 2019

Hosted by River City Wrestling Club
Kiva Sports (Ohio Valley Volleyball Center)
1820 Taylor Avenue
Louisville, KY 40213

6 Teams (Varsity and JV)
1. St. X (Kentucky)
2. Floyd Central (Indiana)
3. Father Ryan (Tennessee)
4. Moeller (Ohio)
5. Cable Midlands (Ohio)
6. Union (Kentucky)

Weigh - ins: 10:00 am – 10:45 am

Wrestling starts: approx 11:00 am

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<th>Mat 1</th>
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<tr>
<td>Round 1</td>
<td>St. X vs CM</td>
<td>Moeller vs Fr. Ryan</td>
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<tr>
<td>Round 2</td>
<td>St. X vs Moeller</td>
<td>CM vs Union</td>
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<tr>
<td>Round 3</td>
<td>St. X vs Union</td>
<td>CM vs Fr. Ryan</td>
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<td>Round 4</td>
<td>St. X vs Fr. Ryan</td>
<td>CM vs FC</td>
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<tr>
<td>Round 5</td>
<td>St. X vs FC</td>
<td>CM vs Moeller</td>
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SPECTATORS SHOULD BRING A FOLDING CHAIR FOR SEATING

For more information contact Coach Jim Kraeszig
School Email: kraeszigj@saintxfac.com
Phone: 502-639-4051