



Pennsylvania USA Wrestling FOLKSTYLE SERIES

Tournament Date	Location	Tournament Director
Saturday Oct 12	Phillipsburg Osceola High School 502 Phillips Street Phillipsburg, PA 16866	Brian Martz 610-308-5401 bmartz@mac.com
Saturday Oct 19	TBD	
Sunday Oct 20	Easton Middle School 1010 Echo Trail Easton, PA 18040	

Weigh-in: 7:00 AM – 7:45 AM **Wrestle:** 9:30 AM

Entry Fee: \$30.00 on-line **NO WALK IN** – You must register on **TRACK**
(Type in Tournament Name in Track to find event)

USA Wrestling and National Federation High School Wrestling Rules will apply
Double Elimination Tournament - (PAUSAW reserves the right to combine weight classes)

Time Periods:

8U and 10U	Championship: 3 (1 Min) Consolation 3 (1 Min)
12U and 14U	Championship: 1 (1 Min)/ 2 (1 ½ Min) Consolation 3 (1 Min)
16U and Junior	Championship: 3 (2 Min) Consolations: 1 (1 Min)/ 2 (2 Min)

Folkstyle Weights (September 1, 2019 – August 31, 2020)

Division	Year Born	Weight Classes
8U Boy	2011-2012	43,45,49,53,56,62 70,85
8U Girl	2011-2012	Madison Weight (list actual Weight)
10U Boy	2009-2010	49,53,56, 59,63,67,71,77,84,93,105,120
10U Girl	2009-2010	Madison Weight (list actual Weight)
12U Boy	2007-2008	58,63,67,70,74,78,82,86,92,98,108,117,135,160
12U Girl	2007-2008	Madison Weight (list actual Weight)
14U Boy	2005-2006	71,77,83,87,92,97,102,106,110,114,119,125,130,136,149,165,187,250
14U Girl	2005-2006	72,79,85,92,97,101,105,110,119,127,136,145,185
16U Boy	2003-2004	88,94,100,106,113,120,126,132,138,145,152,160,170,182,195,220,285
16U Girl	2003-2004	94,100,106,112,117,122,127,132,138,144,152,164,180,200
Jun Boy	9/1/99 after in 9-12 Gr.	106,113,120,126,132,138,145,152,160,170,182,195,220,285
Jun Girl	9/1/99 after in 9-12 Gr.	100,106,112,117,122,127,132,138,144,152,164,180,200,225

USA Wrestling Membership

2019- 2020 USA Wrestling Limited Folkstyle or Full Athlete Membership cards are **MANDATORY** at every tournament and must be purchased on line prior to coming to an event through USA Wrestling at <https://www.usawmembership.com/index.jsp>

Cooper or Bronze Level Coaches Card are required to coach at all Folkstyle Events.
Coaches cards must be purchased through USA Wrestling