



USA Girls

Preseason Folkstyle Nationals Sunday Oct. 20, 2019

[New Palestine High School 4485 Victory Dr. New Palestine, In. 46163](#)

USA Wrestling sanctioned tournament: All athletes must show valid 2020 USWA Card at weigh-ins: you can get your USA Wrestling membership here (after September 1st.): www.usawmembership.com.

Registration: \$40 on www.trackwrestling.com by Oct. 14th, \$50 for walkup registration. All onsite payment is cash only - NO CHECKS.

Schedule: Doors open at 7:30AM. Onsite weigh-ins and registration 8:00-8:30 am. Duals weigh-in counts for Individual tournament.

FREE WRESTLING CLINIC from 8:30am-9:30am (all wrestlers are encouraged to attend the clinic); wrestling begins at 9:30. There will be a group photo and the National Anthem before wrestling begins and breaks for officials throughout the day as needed.

Divisions: Tournament Director can combine or block any weights with less than 3 athletes.

6U Born 2014-2015, periods 1/1/1 35,40,45,50,55,60,65,70,75
9U Born 2011-2013, periods 1/1/1 45,50,55,60,65,70,75,80,85,85+ (Up to 98)
12U Born 2008-2010, periods 1/1.5/1.5 55,60,65,70,75,80,85,90,95,102,110,118,127,145,160,160+ (Up to 184)
14U Born 2006-2007, periods 1/1.5/1.5 65,72,79,85,92,97,101,105,110,119,127,136,145,160,185,185+ (Up to 212)
16U Born 2004-2005, periods 2/2/2 94,100,106,112,117,122,127,132,138,144,152,164,180,200,200+(Up to 245)
USA Junior Born 9/1/2000-12/31/2005 Plus enrolled in grades 9-12, periods 2/2/2 100,106,112,117,122,127,132,138,144,152,164,180,200,200+ (Up to 265) 16U can wrestle Juniors but must be enrolled into grades 9-12 and must pay for 2 entries.

Awards: Top 8 will receive a custom medal. Top 4 All American Status. Champion singlet to winner of each weight class.

Coaching: Two coaches permitted to a corner. Camera man will be considered coach. Referee will stop match until there are only two.

Admissions: \$10 per adult per day or \$15.00 for weekend WITH WRISTBAND \$5 for students 18 and under, kids under 5 are free.

Concessions: Provided, no coolers will be allowed into the building.

Host Hotel: [La Quinta Inn, Indianapolis East, 2349 Post Dr. Indianapolis, In. 46219](#) Phone: 1-317-897-2300

Be sure to reserve your room before 9/29/2019. * Regular rates will apply on this date. *

Group Rate: \$79.00 Group Name: War of The Roses Group Block is held until 09/28/19

Host Hotel: [Holiday Inn, 321 Barrett Dr. Greenfield, IN 46140](#) Phone# 317-318-9859

Be sure to reserve your room before 9/27/2019 *Regular rates will apply after this date.*

Group rate \$119.00 Group Name: War of The Roses. Complimentary Breakfast is included in room rate.

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