



SATURDAY, OCTOBER 19, 2019

VIRGINIA BEACH FIELDHOUSE

2020 LANDSTOWN CENTRE WAY, VIRGINIA BEACH, VA

EVENT DIRECTOR: COREY BECKNER

EMAIL: interstate64wrestling@gmail.com WEBSITE: interstate64wrestling.com

WRESTLER ENTRY: Registration at trackwrestling.com. Weight Allowance: PW, EL, MS +1 lb./HS +3 lbs.

HIGH SCHOOL (Grades 9-12): 106,113,120,126,132,138,145,152,160,170,182,195,220,285	\$45
MIDDLE SCHOOL (Grades 6-8): 70,75,80,85,90,95,100,106,113,125,138,155	\$40
ELEMENTARY (Grades 3-5): 50,55,60,65,70,75,80,85,90,95,100,113	\$35
PEE WEE (Grades K-2): 40,45,50,55,60,65	\$35
GIRLS - PEE WEE, ELEMENTARY, MIDDLE SCHOOL: Madison System Weights	\$35

MAXIMUM 800 Wrestlers. Double Elimination Bracketed Tournament with Unique Final 4 Format. NFHS and USAW Rules. Headgear, Hair Rule, and Mouthpieces (with Braces). New Overtime Rule. Period Lengths: High School: 1 ½ -1 ½-1 ½; Middle School: 2-1-1; Pee Wee/Elementary: 1-1-1.

UNIQUE FINAL 4 FORMAT: Weight Classes will be Wrestled Out to the Finals and Consolation Finals. The Final 4 Wrestlers will be Re-Bracketed into a 4 Man Bracket with the Finalists being the #1 and #2 Seeds. Unique Format where a Wrestler can Lose a Match, and still WIN the Tournament.

SCHEDULE / FORMAT: High School – 8:30am / Middle School – 11:30am / PW&EL – 2:00pm

AWARDS: Champions will be Awarded “The Tidewater Cup”. Final 4 Wrestlers will Receive Custom Medals.

SPECTATOR ADMISSION: Adults: \$15.00 / Students: \$8.00 / Coaches: \$5.00 with Current USAW Card.

2 DAY PASS FOR FINAL 4 AND DUALS: Adults: Adults: \$25.00 / Students: \$10.00

WEIGH IN TIMES: Wrestlers MUST Weigh In with a Singlet NO EXCEPTIONS! Officials will conduct Weigh Ins. Any Weigh In for Saturday’s I-64 Final 4 Tourney will Count for Sunday’s I-64 Duals. Wrestlers Must be participating in Saturday’s I-64 Final 4 Tournament in order to Weigh In on Friday, October 18.

EARLY WEIGH IN, FRIDAY, OCTOBER 18; 1-2pm - Weigh Ins will be at both Host Hotels. \$20 or FREE for any Wrestler Staying in a Host Hotel. Maximum of 4 Wrestlers per Room.

FRIDAY, OCTOBER 18; 6-8pm - Virginia Beach Fieldhouse.

SATURDAY, OCTOBER 19; 7:15-7:45am: - Virginia Beach Fieldhouse. HS Wrestlers ONLY!

SATURDAY, OCTOBER 19; 10-10:30am: Virginia Beach Fieldhouse. MS Wrestlers ONLY!

SATURDAY, OCTOBER 19; 12-12:30pm: Virginia Beach Fieldhouse. PW and EL Wrestlers!

HOST HOTELS / RESERVATIONS: FREE Early Weigh In for Any Wrestler Staying in a Host Hotel. Both Host Hotels Will Have an Early Weigh In on Friday, October 18 from 1-2pm.

HOLIDAY INN EXPRESS OCEANSIDE: 2607 Atlantic Avenue, Virginia Beach, VA. \$119/Night.

Booking Link: Coming Soon.

DOUBLE TREE: 1900 Pavillion Drive, Virginia Beach, VA. \$116/Night.

Booking Link: Coming Soon.

PINK OUT: Breast Cancer Awareness Month! Wear PINK and WIN Prizes throughout the Day!

