

# 2019 TENNESSEE IRON MAN TOURNAMENT

April 20<sup>th</sup>, 2019  
Blackman High School  
3956 Blaze Drive  
Murfreesboro, TN 37128



## \*IRON MAN AWARD TO THOSE WHO WIN ALL 3 STYLES!

\*Minimum 3-man bracket in all styles to be awarded the Iron Man Award or medal

\*\*AAU/USA Wrestling Cards ARE NOT REQUIRED for this event

Tournament Participants for Wrestlers of the following ages:

\*AAU Bantam 2011-2012

\*AAU Midget 2009-2010

\*AAU Novice 2007-2008

\*USA 14U (Schoolboy) 2005-2006

\*USA 16U (Cadet) 2003-2004

\*USA Junior Born 9/1/99 (In grades 9-12)

USA Junior: 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285

USA 16U (Cadet): 88, 94, 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285

USA 14U (Schoolboy): 71, 77, 83, 87, 90, 97, 102, 106, 110, 114, 119, 125, 130, 136, 149, 165, 187, 250

AAU Novice: 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140, Hwt\* (205 Max)

AAU Midget: 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 103, 112, 120, 130, Hwt\* (175 Max)

AAU Bantam: 40, 45, 50, 55, 60, 65, 70, 75, 80, 90, Hwt\* (125 Max)

Mandatory Registration online at [www.trackwrestling.com](http://www.trackwrestling.com) by Friday, April 19<sup>th</sup> at 8 PM CST

Include: Name, DOB, Weight Class, Club Name, Contact Phone #, and Email

Medals: 1<sup>st</sup> through 3<sup>rd</sup> place finishers in each division (TRUE 2<sup>ND</sup> ON ALL BRACKETS)

Registration: \$25.00 for one style, \$30.00 for two styles, or \$35.00 for all three styles. NO Late Registration

Admission: \$6.00 Adults and \$3.00 Children (12 and under)

SATELLITE WEIGH-INS (LOCATIONS AND TIMES) WILL BE POSTED ON TRACK INFO PAGE

Satellite Weigh-ins: Friday, April 19<sup>th</sup>

Weigh-ins will be done in singlet with NO pound allowance

Event schedule is as follows:

On-Site Weigh-Ins: 7:00 AM CST – 7:30 AM CST

Freestyle Coaches Scratch Meeting: 8:30 AM CST

Freestyle Wrestling Starts: 9:00 AM CST

1<sup>st</sup>) Freestyle, 2<sup>nd</sup>) Greco-Roman, 3<sup>rd</sup>) Folkstyle

Each Weight Class will move to the next style after a short break as each style is finished

\*\*Coaches Entry: Current USA/AAU membership card is required to be on the floor coaching an athlete. NO EXCEPTIONS! This event is governed by Tennessee USA Wrestling & insured by a third-party insurance company.

FOR ADDITIONAL INFORMATION CONTACT:

Tournament Director:

Ben Bowers

(574) 215-8586

[BBowers@aol.com](mailto:BBowers@aol.com)

Trackwrestling Director:

Nelson Shirley

(901) 827-2445

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