North Dakota USA Wrestling Tournament & COLLEGIATE OPEN MEN'S FREESTYLE TOURNAMENT

April 27, 2019
Junior, Cadet, & Schoolboy North Dakota Team National Qualifier

Jamestown Civic Center

*Concessions will be provided by the Jamestown Civic Center & are not controlled by the Taz Wrestling Club* No outside coolers or food may be brought into the arena.

Schoolboy & below must be a ND resident or ND club member
Cadets and Juniors from out of state may compete.

Weigh-in Friday April 26th CST
Greco & Freestyle 5:00 – 8:00pm

Registration & Weigh-in Requirements:

1. Register & pay online for both styles at www.trackwrestling.com (NO ON-SITE REGISTRATION)
2. Online registration begins April 10th and closes April 26th @ 11:59pm.
3. Registration will be $18.00 per style or $35.00 for both and wrestlers must have a current USA card.
4. NO Saturday Weigh-ins. Saturday Weigh-in is ONLY FOR COLLEGIATE MEN’S OPEN.
5. Weigh-ins are with singlets. Skin-checks will be done simultaneously.
6. One time weigh-in. You may challenge other scales, but you cannot leave to cut weight.
Wrestling:

**Greco – Saturday Morning:**
- 8:00 am Doors Open
- 8:00 am Weigh-in *(FOR COLLEGIATE MEN’S OPEN DIVISION ONLY!)*
- 9:00 am National Anthem – AMVETS Honor Guard
- 9:30 am Start: Cadet, Bantam, Sub Bantam (All divisions will stay at mat side to completion).

Followed by: Intermediate, Novice, Schoolboy, & Junior. *(As mats open up)*

**Freestyle – Saturday Afternoon:**
- Starts 1 hour after Greco Tournament finishes
- Start: Intermediate, Bantam, Sub Bantam, & Juniors

*(All divisions will stay at mat side to completion).*
- Start: Novice, Schoolboy, & Cadet *(As mats open up).*

**Collegiate Open Freestyle Tournament**
- As mats open up.

**Tournament Information:**
- Rules: F.I.L.A. with current USA Wrestling
- Modifications – Freestyle, Greco
- Gate: $9.00 Adult $6.00 Children 5 & under free

**Headgear is optional for all divisions but strongly recommended.**

**Coach’s Passes:** Coach list to be provided by the Club Head Coach ahead of time TO THE LINK BELOW.

**Coaches must hold USA card & provide proof of copper certification.**

*CLUB HEAD COACH: There must be a list of your coaches at the door for wristbands BY YOU.*

*A list of your # of wrestlers, coaches and table workers needs to be sent by April 25th to this link:* [https://forms.gle/jg43ZBMdQs28jyRv9](https://forms.gle/jg43ZBMdQs28jyRv9)

*One photographer pass per club. Photographers will be required to pay admission.

**Weight classes and length of matches:**

|---------------------|-------------------------|-------------------------------|--------------------------|---------------------------|-------------------------|--------------------|

**Open men (COLLEGIATE):** 57 KG/125.7, 61/134.5, 65/143.3, 70/154.3, 74/163, 79/174.2, 79/184, 86/189.6, 92/202.8, 97/213.8, 125/275.6

**Two 3-minute periods w/30 sec. rest**

**Contact Info:**
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