



North Dakota



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GRECO-ROMAN AND FREESTYLE

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## USA Wrestling Tournament

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**COLLEGIATE OPEN MEN'S FREESTYLE TOURNAMENT**

**April 27, 2019**

**Junior, Cadet, & Schoolboy North Dakota Team National Qualifier**



**Jamestown Civic Center**

\*Concessions will be provided by the Jamestown Civic Center & are not controlled by the Taz Wrestling Club\* No outside coolers or food may be brought into the arena.

**Schoolboy & below must be a ND resident or ND club member**

**Cadets and Juniors from out of state may compete.**

**Weigh-in Friday April 26<sup>th</sup> CST**

**Greco & Freestyle 5:00 – 8:00pm**

**Registration & Weigh-in Requirements:**

1. Register & pay online for both styles at [www.trackwrestling.com](http://www.trackwrestling.com) (NO ON-SITE REGISTRATION)
2. Online registration begins April 10<sup>th</sup> and closes April 26<sup>th</sup> @ 11:59pm.
3. Registration will be **\$18.00** per style or **\$35.00** for both and wrestlers must have a current USA card.
4. **NO** Saturday Weigh-ins. Saturday Weigh-in is ONLY FOR COLLEGIATE MEN'S OPEN.
5. Weigh-ins are with singlets. Skin-checks will be done simultaneously.
6. One time weigh-in. You may challenge other scales, but you cannot leave to cut weight.

## Wrestling:

### Greco – Saturday Morning:

8:00 am Doors Open  
8:00 am Weigh-in (**FOR COLLEGIATE MEN'S OPEN DIVISION ONLY!**)  
9:00 am National Anthem – AMVETS Honor Guard  
9:30 am Start: Cadet, Bantam, Sub Bantam (All divisions will stay at mat side to completion).  
Followed by: Intermediate, Novice, Schoolboy, & Junior. (As mats open up)

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### Freestyle – Saturday Afternoon:

Starts 1 hour after Greco Tournament finishes  
Start: Intermediate, Bantam, Sub Bantam, & Juniors  
(All divisions will stay at mat side to completion).  
Start: Novice, Schoolboy, & Cadet (As mats open up).

### Collegiate Open Freestyle Tournament

As mats open up.

### Tournament Information:

Rules: F.I.L.A. with current USA Wrestling Modifications – Freestyle, Greco

Gate: **\$9.00 Adult** **\$6.00 Children** 5 & under free

**Headgear is optional for all divisions but strongly recommended.**

**Coach's Passes:** Coach list to be provided by the Club Head Coach ahead of time **TO THE LINK BELOW.**  
**Coaches must hold USA card & provide proof of copper certification.**

**\*CLUB HEAD COACH:** There must be a list of your coaches at the door for wristbands **BY YOU.**

**\*A list of your # of wrestlers, coaches and table workers needs to be sent by April 25<sup>th</sup> to this link:**

<https://forms.gle/jg43ZBMdQs28jyRv9>

**\*One photographer pass per club. Photographers will be required to pay admission.**

### Weight classes and length of matches:

Fly (2013 or later) 43, 45, 49, 53, 56, 62, 70, 85, 85+ (15 lbs max difference) Two 2-minute periods with 30 second rest between periods  
Bantam 8U (2011 - 2012) 43, 45, 49, 53, 56, 62, 70, 85, 85+ (15 lbs max difference) Two 2-minute periods with 30 second rest between periods  
Intermediate 10U (2009 - 2010) 49, 53, 56, 59, 63, 67, 71, 77, 84, 93, 105, 120, 120+ (20 lbs max diff.) Two 2-min. per. with 30 sec. rest  
Novice 12U (2007 - 2008) 58, 63, 67, 70, 74, 78, 82, 86, 92, 98, 108, 117, 135, 160, 160+ (25 lbs max diff.) Two 2-min. per. w/30 sec. rest  
Schoolboy 14U (2005 - 2006) 71, 77, 83, 87, 90, 97, 102, 106, 110, 114, 119, 125, 130, 149, 165, 187, 250 Two 2-min. per. w/30 sec. rest  
Cadets 16U (2003 - 2004) 88, 94, 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285 Two 2-minute periods w/30 sec. rest  
Juniors (Born 9/1/99-12/31/2004 plus enrolled in grades 9-12) 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285  
Two 3-minute periods w/30 sec. rest  
Open men (COLLEGIATE) **57 KG/125.7, 61/134.5, 65/143.3, 70/154.3, 74/163, 79/174.2, 79/184, 86/189.6, 92/202.8, 97/213.8, 125/275.6**  
Two 3-minute periods w/30 sec. rest

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