



2019 Idaho State Championships for Freestyle and Greco

and National Team Qualifier

April 19-20, 2019

Location:

Columbia High School
301 S Happy Valley Rd, Nampa, ID 83687

Entry Fee: \$20 by **Pre-Registration ONLY** at www.Trackwrestling.com by **Thursday, April 18th at 4:00pm**. Late registration will be \$30 from 4:00-6:00pm. \$10 for beginner divisions

- Beginner Division can Double Bracket to Open Division
- Beginner Division is for wrestlers that started wrestling in the 2017-18 season or after (any style), did not wrestle in the 2016-17 season or before. Verified on trackwrestling if challenged
- We reserve the right to combine weights if needed
- **All participants are required to have a Full Athlete Membership with USA Wrestling and must be a resident of Idaho according to the USA Wrestling Membership System**

Memberships can be purchased here: www.usawmembership.com

Weigh-ins will be on-site only: please see the schedule below. If you register and weigh-in for Greco State on Friday, you do not need to weigh-in again on Saturday.

Schedule wrestlers should arrive at least 30 minutes before their start time

Thursday, April 18th

- 4:00pm Pre-registration closes
- 4:00-6:00pm Late Registration on trackwrestling (no on-site)

Friday, April 19th (Greco- Roman)

- 3:00pm- 4:00pm Athlete Skin Check & weigh in for all divisions (Greco)
- 4:00 – 4:15pm Officials Meeting (all officials must attend)
- 4:15-- 4:30pm Coaches Meeting (Rules review)
- 5:00-6:00pm Wrestling begins for Beginner Divisions 8U/10U/12U
- 6:00pm -completion Wrestling begins for all other divisions (Greco Roman)

*If you register and weigh in for Greco on Friday you do not need to weigh in again on Saturday

Saturday, April 20th (Freestyle)

- 7:00- 7:30am Athlete skin check & weigh in for 8U Beginner, 10U, 12U, Girls & Juniors

- 7:30- 7:45am Officials and Coaches Meeting
- 9:00am Wrestling begins for 8U Beginner, 10U, 12U, Girls & Junior
- 11:30am Athlete skin check & weigh in for 6U, 8U, 10U Beginner, 12U Beginner, 14U & 16U
- Break for lunch when finished with morning session
- 1:30pm Wrestling begins for 6U, 8U, 10U Beginner, 12U Beginner, 14U & 16U

*If you register and weigh in for Greco on Friday you do not need to weigh in again on Saturday

Host Hotel: check idusaw.com for information and the USA Idaho Facebook page **Bracketing**

- Line bracket or round robin will be used based on numbers

Divisions & Weight Classes

USA Weight Classes for 2019

6U – 35, 40, 45, 50, 50+

8U – 43, 45, 49, 53, 56, 62, 70, 85

10U – 49, 53, 56, 59, 63, 67, 71, 77, 84, 93, 105, 120

12U – 58, 63, 67, 70, 74, 78, 82, 86, 92, 98, 108, 117, 135, 160

14U - 71, 77, 83, 87, 90, 97, 102, 106, 110, 114, 119, 125, 130, 136, 149, 165, 187, 250

16U – 88, 94, 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285

Junior – 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285

Girls Divisions (Greco & Freestyle**)**

Girls (Pre-k - 4th Grade) – Line bracket or podded depending on numbers

Girls (5th – 8th Grade) – Line bracket or podded depending on numbers

Girls High School (9th – 12th Grade) – 94, 100, 106, 112, 117, 122, 127, 132, 138, 144, 152, 164, 180, HWT (max225)

8U Beginner – Madison Weights, line bracket or podded depending on numbers

10U Beginner- Madison Weights- line bracket or podded depending on numbers

12U Beginner– Madison Weights- line bracket or podded depending on numbers

Awards

Awards and recognition for the Top 6 placers in each weight. Team points will be calculated for Freestyle and Greco (combined) to determine the Club

Championship- top 3 teams will receive Team Awards.

Beginner Divisions Top 3 placers will receive Awards

Mats

All rounds will run on 8 full mats

Facilities and Floor Access

Admission is \$5 for Adults, 12 and under free, spectators please stay off the main gym floor this will be greatly appreciated! Wrestlers and coaches only on the floor, 2 coaches allowed in the corner. Coaches will need to check in to get their coaches wristbands, coaches with a USA Wrestling Leaders Card will receive a coach's band & do not pay admission

A floor pass can be purchased for \$20

National Team Qualifier – Team Idaho

All wrestlers in all divisions qualify automatically for the Western Regional Championships in Las Vegas, NV. April 24-27 and Western States in Pocatello in June. Wrestlers can wrestle any weight class they like at Western Regionals and Western States up or down a weight class is allowable.

This tournament is the official qualifying event for the Freestyle and Greco Idaho National Teams for 14U, 16U and Juniors. Wrestlers need to qualify at the weight class they intend to compete at for dual teams and the 16U & Junior National Championships (Fargo). The top qualifier at 14U, 16U and Junior Divisions win the opportunity to be on the national teams for the national duals events. Junior division champions win the right to represent Team Idaho at the Turf Wars Duals. The top 3 placers in the 16U and Junior Divisions gain automatic qualifying spots for Fargo- there are other ways to qualify for Fargo so even if you don't place top 3 and you want to attend Fargo you will likely be able to! Deposits must be paid by the deadline or the champions and qualifiers will forfeit their state placement and these spots will go to the next highest placer in the weight class at the state tournament per style. If the Champion from Freestyle & Greco State does not have their deposit payed on-line for National Dual Teams by the deposit deadline their spot will be open for the coach to fill. Alternates will be chosen for all National Dual Teams including the 14U and 16U division and for the Turf Wars Teams. 16U & Junior divisions wrestlers that compete at FloNationals 2019 and want to wrestle on the 16U or Turf Wars Dual Team must complete the wrestle off request to try out for the dual team. Check here idusaw.com for criteria and deadline to apply.

Turf Wars in June. We will pick the team based on the FS/GR State results for the girls divisions and for the boys 12U & 14U teams, will have wrestle offs if needed. Idaho will have 2 girl's teams for the 2019 Turf Wars including: 12th grade and under & 14U and under. Deposit deadlines apply \$50 for Turf Wars. Girls that are interested need to contact christopherowens85@gmail.com or Annie Foster idwomensdirector@gmail.com ASAP

Boys Teams will include: High School (12th grade and below)- champions from FS/GR state get first opportunity, 12U & 14U – will pick teams based on FS/GR results, wrestle offs if needed.

Deposit Deadlines apply \$50 for Turf Wars, contact christopherowens85@gmail.com

-Turf Wars will be Freestyle & Greco for all divisions 2019

National Team Paperwork & Deposits please be ready to complete the required paperwork at freestyle & Greco state and pay team **deposits by April 22 (midnight)**. All national Team deposits will be \$250 (\$50 if doing Turf Wars only). Deposits and team fees will be paid electronically- this process will be explained at the state tournament. Please check our website: Idusaw.com for dates, team fees and all national team opportunities.

Email christopherowens85@gmail.com with questions