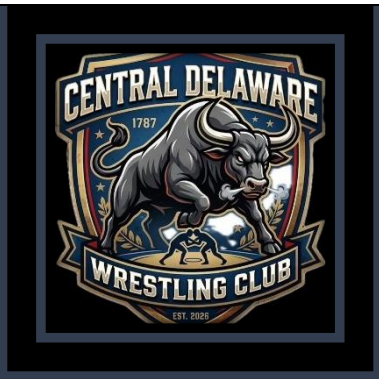


# 2026 Central Delaware Duals and Open

***Powered by Compete Events***

Saturday October 10th, 2026
Sunday, October 11th, 2026

Milford Central Academy
1021 N Walnut St
Milford, DE 19963

Tournament Director:
Compete Events 302-242-8027
competeem@gmail.com

**Schedule (subject to change):**

Saturday October 10th Doors Open / Weigh Ins at 7 AM, Coaches Meeting at 7:30 AM, Duals Wrestling begins at 8 AM
Saturday October 10th Open Individual Wrestling Tournament Separate Weigh Ins 1 - 2 PM, Open Tournament begins ~4PM
Sunday October 11th **(if needed)** Doors Open 7 AM, Wrestling begins 8 AM

## Separate Boys and Girls Dual Team Divisions (all weight classes will be given a +1 lb allowance):

**Cost is $500 / Boys Team and $300 / Girls Team --- $100 Deposit due when registering**

5th Grade and Under: 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 110, 130 (Periods 1 Min)

8th Grade and Under: 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 130, 140, 150, 170, HWT (Periods 1:30)

High School: 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, HWT (285) (Periods 1:30)

Top 3 Teams Awarded in each division. Each Team is responsible for 1 Table Worker throughout the event. Headgear recommended but not required. NCAA Out of Bounds. Individual Awards for Team Champions.

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## Open Tournament Divisions and Weight Classes:

**Entry Fee per Division / Wt Class is $30.00**
**Register on Track Wrestling:**
**http://www.trackwrestling.com/registration/TW_Register.jsp?tournamentGroupId=289043132**

Bantam (8 and under): 40, 45, 50, 55, 60, 65, 70, 75, 80, HWT
Midget (10 and under): 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 110, 120, HWT
Junior (12 and under): 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 110, 120, 130, 140, HWT
Intermediate (14 and under): 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 140, 150, 170, HWT
High School (18 and under): 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, HWT (285)
Girls Madison System – Will separate by age weight

Open Tournament is Rapid Fire Style. Bantam, Midget, and Girls will wrestle 1 – 1 – 1, all other Open Tournament Divisions will wrestle 1:30 – 1:30 – 1:30. Regular Overtime rules. Wrestlers can enter in more than one division for the Open and must be ready to wrestle when the time comes in each division / weight class. Awards for Top 3 in each weight class. Headgear is recommended but not required. Divisions / Weight Classes will be combined when less than 3 wrestlers. Wrestlers who weigh in for Duals will count for open tournament.

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Admission: $10.00 per person (Duals and Open) / Open Only at 1 PM is $5.00 PP
NOTE - if needed Weekend pass will be $15.00 (only if event confirms two days)