Folk-Style Wrestling Tournament
Elementary, Middle School, High School Boys & Girls

Location: C.B. Aycock High School
5460 US-117 N, Pikeville, NC

Date: October 10th, 2026

Weigh-ins:

8:00-9:00 a.m. Elementary, Middle School Boys, Middle School Girls, HS Girls Divisions

9:00am - 10:00 p.m. High School Boys Division and Men's Open division Wrestling

Wrestling Starts: 10:00 am for Elementary, MS Boys, MS Girls and HS Girls
High School Boys & Men's Open Division begins immediately after the morning division is finished

Age and Weight Divisions

Elementary School: (3 Periods ~ 1 Minutes)
Kindergarten & 1st Grade: 36,40,44,48,52,56,60, HWT
2nd & 3rd Grade: 40,44,48,52,56,60,64,68,72,76,80,84,88,92
4th & 5th Grade: 52,56,60,64,68,72,76,80,84,88,92,96,100,110, 120, 130, HWT

Middle School: 6th-8th Grade (3 Periods ~ 1 ½ Minutes)
Boys: 76,83,90,98,106,113,120,126,132,138,144,150,157,165,175,190,215, HWT
Girls: Madison weights (girls will be placed on brackets together when possible)

High School: 9th-12 grade (3 Periods ~ 1 ½ Minutes)
Boys: 108, 115, 122, 128, 134, 140, 146, 152, 159, 167, 177, 192, 217, HWT
Girls: 102,109,116,120,128,134,140,147,154,167,187, HWT

Men's Open Division: (3 Periods ~ 1 ½ Minutes) Madison Weights

Tournament Format: Brackets will be organized based on registration numbers to help maximize mat time for all wrestlers.

Registration: This is a no card event. **Regular Registration is $35**, if registered by October 6th. **Late Registration is $45** after October 6th. **Pre-Registration Required at** www.trackwrestling.com You must pay online to be considered registered for the event.

$10 Admission Fee for spectators. $10 admissions for Coaches Band that you will receive at the coaches meeting.

Awards: Awards for the top 3 wrestlers in each bracket and Award for top team/club

Concessions will be available.

Tournament Director: Coach Chambers
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