A WRESTLING TOURNAMENT FOR ALL AGES (BOYS & GIRLS)

HOSTED OUTSIDE ON THE FOOTBALL FIELD AT INDEPENDENCE HIGH SCHOOL

TOURNAMENT TO BENEFIT THE TENNESSEE WRESTLING HALL OF FAME AND THE INDY EAGLES WRESTLING CLUB

DATE
SATURDAY,
SEPTEMBER 5TH, 2026

WHERE
INDEPENDENCE HIGH SCHOOL
1776 DECLARATION WAY
THOMPSONS STATION, TN 37179

SCHEDULE
EARLY WEIGH-INS (OPTIONAL)
Friday, Sept. 4th
7:00 – 8:00 PM
at Independence HS

REGULAR WEIGH-INS
Saturday, Sept. 5th
10:30 – 11:30 AM
at Indy Football Stadium

WRESTLING BEGINS
1:00 PM
(Medals for top 3
in each bracket)

FEES
$20
PRE-REGISTERED
BEFORE AUGUST 24TH

$25
AFTER AUGUST 24TH

ADMISSION
$10 AT THE GATE

TOURNAMENT FORMAT
- Brackets will be double elimination, placing the top 8
- Brackets with 5 wrestlers or less will be a round robin
- No match limit per individual (15 minute rest time between matches)
- Medals for top 3 in each weight class/bracket

TOURNAMENT RULES
- One 3 minute period
- Out of bounds or lack of Activity results in Neutral start
- 10 point technical fall
- Sudden death overtime (neutral)
- Mandatory 15 minute rest time between matches
- Wrestlers do NOT have to wear a singlet or headgear

DIVISIONS & WEIGHT CLASSES
GRADES FOR 2026-'27 SCHOOL YEAR

- **Grades K-2 (Boys & Girls):** 40, 45, 50, 55, 60, 72, 80, 95
- **Grades 3-5 (Boys & Girls):** 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 110, 125, 140, 160, 200
- **Boys Middle School (6-8):** 72, 82, 90, 98, 106, 114, 122, 130, 138, 148, 158, 175, 190, HWT
- **Girls' Middle School (6-8):** 60, 70, 80, 90, 105, 120, 140, 160, 200
- **Boys' High School (9-12):** 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 195, 215, 285
- **Girls' High School (9-12):** 100, 107, 114, 120, 126, 132, 138, 145, 152, 165, 185, 235
- **Mens' Open Division (Any age):** 125, 135, 145, 155, 165, 175, 190, 220, 285
- **Womens' Open:** 100, 115, 130, 140, 155, 170, 185, 220

LIMITED TO THE FIRST 300 WRESTLERS!

REGISTER ONLINE:
www.trackwrestling.com
SEARCH **"GRAPPLE"**

TOURNAMENT DIRECTOR
DREW SESTITO
drew.sestito@wcs.edu

TOURNAMENT DIRECTOR RESERVES THE RIGHT TO CHANGE/COMBINE WEIGHT CLASSES AND DIVISIONS TO MAXIMIZE THE OPPORTUNITIES FOR THE WRESTLERS.