

2023 End of the Road Wrestling Tournament

Greco & Freestyle

Friday & Saturday, March 17th & 18th
Nikiski Middle/High School, 52275 Education Dr. Nikiski



Friday, March 17th Greco Tournament (10U – OPEN)

- 03:30pm – 04:00pm Weigh-ins (Commons – must wear singlet)
- 05:00pm Wrestling Begins (10U, 12U, 14U, 16U, JUNIORS, & OPEN)

Saturday, March 18th Freestyle Tournament (6U – OPEN)

- 08:30am - 09:00am Weigh-ins (Lobby – must wear singlet)
- 09:00am Coaches & Officials meeting (all coaching credentials must be available at this time)
- 09:30am Pairing officials meeting
- 10:00am Wrestling Begins (6U, 8U, 10U)
- 01:00pm Wrestling Begins (12U, 14U, 16U, JUNIORS & OPEN)

**** Headgear and mouth guards for braces are strongly recommended for all ages but no longer required. ****

ALL WRESTLERS SHOULD ARRIVE AT LEAST ONE HOUR PRIOR TO START TIME TO CHECK BRACKETS. NO CHANGES WILL BE MADE TO BRACKETS 20 MINUTES PRIOR TO POSTED START TIMES.

REGISTRATION & ENTRY FEE: **NEW PROCESS** Same for clubs as well as individuals. Go to this link:

https://www.usawmembership.com/usaw_events_registrations/participant, login into your USAW membership account, search for AK events at the top of the page, then select register left of End of the Road. \$20 per wrestler entry per tournament required when registering. Must be registered by the time of your club's Thursday satellite weigh-in to be eligible to weigh in then. Athletes must be affiliated to their club to do satellite weigh-in. Satellite weigh-ins must be entered by midnight AK time Thursday, March 16th. Registration after must be done on-site at the Head Table and will close at end of the posted weigh-in time. **CLUBS:** provide sign off sheet of Coach/Official doing skin/nail checks and Pairing Officials entering weights to Stacey Medeiros. Can be delivered upon arrival or emailed ahead to: yecatsak@gmail.com

NOTE that you will not be able to register without a current USAW athlete membership.

MATS: We will run 8 half mats for the morning group & 4 full mats for the afternoon group.

COACHES: Coaches MUST have a current Wrestling Leader Card to be in the coaches' corner. Wristbands will be handed out at the coaches meeting. No exceptions will be made to the credential rules.



AWARDS: Medals will be given to the top three wrestlers in each bracket.

SPECTATORS: Parents & spectators will not be allowed on the mats. ONE parent will be allowed to escort a 6U to 8U, but please leave the mat as soon as the match is finished.

CONCESSIONS & HOSPITALITY: Concessions will be available both days. Hospitality room will be available for coaches with wristbands and mat/pairing officials ONLY.

GIRLS BRACKETS: Girls only brackets will be running simultaneously throughout both days. **Questions:** Please feel free to contact Samantha Roofe, Club President at (907)398-2120, or by email nikiskifreestylewrestling@yahoo.com

NIKISKI FREESTYLE WRESTLING CLUB