



Rails Wrestling Club/BLH Greco/Freestyle Tournament
Sunday, April 18th, 2021
Lincoln High School Roundhouse
2600 SW 9th St.

Kids, Cadet, & Junior Divisions

Registration

Pre-Registration by
Saturday, April 17th at
10:00PM at

www.trackwrestling.com \$20.00 for one style, \$30.00 to wrestle in both if pre-registered or
Register at the door for \$20.00 per style or \$40.00 for both. Admission is \$5.00 for spectators.
Concession stand will be available.

Weigh-Ins

8-8:30 for Greco and 10-10:30AM for Freestyle (Greco weigh-in counts for Freestyle). You must
weigh in with Singlet and must bring your USA card with you.

Awards

Medals to the top 3 place winners in each bracket

Membership

Must have a valid USA Wrestling membership card. www.usamembership.com **Limited
Folkstyle membership is not valid.**

Format

Wrestlers will be grouped by weight in Vertical Pairing bracketing with double elimination. We
will also need area coaches to help work.

Competition

Greco wrestling starts around 9:30AM. Freestyle will follow at the conclusion of Greco. FILA
Rules with USA Wrestling modifications and age groups will be used. 8U Bantam, 10U
Intermediate, 12U Novice, 14U Schoolboy, 16U USA Cadet, USA Junior. No 8th graders in the
USA Junior Division.

Questions

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