**ALASKA USA WRESTLING (AUSAW)**

**2021 FOLKSTYLE, GRECO-ROMAN & FREESTYLE STATE CHAMPIONSHIPS**

[www.ausaw.org](http://www.ausaw.org)

April 29, April 30, May 1, 2021

Big Lake Lions Recreation & Community Center, 2942 Lions Circle, Big Lake

OFFICIAL 2021 ENTRY FORM

All contestants MUST COMPLETE and SIGN this form and turn in at registration table to receive weigh in card(s).

**Please print clearly.**

CLUB NAME

WRESTLER NAME USAW Card #

ADDRESS CITY STATE ZIP Male / Female

PHONE DATE OF BIRTH AGE DIVISION

ENTRY FEE: (Please read the General Information page for Registration Procedure)

$30 per style for pre-registrants ~ Individual competitor or team registration is online at [www.trackwrestling.com](http://www.trackwrestling.com) and must be completed on or before 10:00pm Tuesday, April 27, 2021. Payment must be made online at time of registration.

**$50** per style for late-registrants or wrestlers not registered on [www.trackwrestling.com](http://www.trackwrestling.com) before 10:00pm Tuesday, April 27, 2021.

Please **circle** the style beside the age group you plan on participating in.

NOTE: Only FREESTYLE is available to 6U (Pre-Bantam) and 8U (Bantam) age divisions.

NO double entry per tournament will be allowed.

6U (Pre-Bantam) (Born 2015-2016) Freestyle

Women’s 6U (Pre-Bantam) (2015-2016) Freestyle-Women’s

8U (Bantam) (Born 2013-2014): Freestyle

Women’s 8U (Bantam) (Born 2013-2014) Freestyle-Women’s

10U (Born 2011-2012): Folkstyle Greco-Roman Freestyle

Women’s 10U (Born 2011-2012) Folkstyle-Women’s Greco-Roman-Women’s Freestyle-Women’s

12U (Born 2009-2010): Folkstyle Greco-Roman Freestyle

Women’s 12U (Born 2009-2010 Folkstyle-Women’s Greco-Roman-Women’s Freestyle-Women’s

14U (Born 2007-2008) Folkstyle Greco-Roman Freestyle

Women’s 14U (Born 2007-2008 Folkstyle-Women’s Greco-Roman-Women’s Freestyle-Women’s

16U (Born 2005-2006): Folkstyle Greco-Roman Freestyle

Women’s 16U (Born 2005-2006) Folkstyle-Women’s Greco-Roman-Women’s Freestyle-Women’s

Junior (Born 9/1/2001 & after

plus enrolled in grades 9-12): Folkstyle Greco-Roman Freestyle

Women’s Junior (same as above) Folkstyle-Women’s Greco-Roman-Women’s Freestyle-Women’s

Open=UWW Senior Folkstyle Greco-Roman Freestyle

Women’s Open = UWW Senior Folkstyle-Women’s Greco-Roman-Women’s Freestyle-Women’s

MEDICAL CONSENT

Name of your primary Insurance Company Policy No.

Family Doctor Phone

Presently on any medication? If yes, please list medication(s)

Drug Sensitivities or Allergies

Special Medical Conditions (please describe, if any)

Emergency Contact: NAME Phone

ALASKA USA WRESTLING (AUSAW) WAIVER

I, named below as participant or as parent or legal guardian of a participant in events sponsored by AUSAW, recognize that the events involve physical activities that have risks and injuries associated with participating in these events including, but not limited to those of bodily injury, partial or total disability, paralysis, and death or personal property damage. I, named below, for myself, my heirs, administrators, executors and assignees, hereby waive, release and discharge, covenant and agree that I will never institute any demand, claim, or suit against AUSAW, Big Lake Lions Rec & Comm Center and/or their employees/officers, agents, contractors and volunteers for any bodily injury, partial or total disability, paralysis, death or personal property damage that might occur from any cause whatsoever as a result of treatment for any injury suffered while taking part in the AUSAW State Folkstyle, Freestyle & Greco-Roman Wrestling Tournament.

PRINT Name of Competitor SIGNATURE of Competitor Date

SIGNATURE of Parent or Guardian Date

**2021 ALASKA USA WRESTLING (AUSAW)**

**2021 FOLKSTYLE, GRECO-ROMAN & FREESTYLE STATE CHAMPIONSHIPS**

April 29, April 30, May 1, 2021

Big Lake Lions Recreation & Community Center, 2942 Lions Circle, Big Lake

#### Thursday, April 29, 2021

#### 10U - Open Folkstyle Tournament with Girl’s Brackets 10U-Open

##### Folkstyle Bracket changes up to 11:30am, Wrestling Tournament begins at 12:00pm

##### Registration & Weigh-in for Folkstyle: 9:00am–10:00am, Big Lake Lions Comm Center

This weigh-in will be used for all tournaments **IF** you have entered all tournaments. **Wrestling to begin at 12:00pm. Registration and Weigh-ins for all other tournaments: 5:00pm–6:30pm, Big Lake Lions Comm Center**

All 6U Pre-Bantams, 8U Bantams, and Greco-Roman participants (10U – Open Divisions) MUST weigh-in Thursday night.

Note: Greco participants can also weigh-in at this time for Freestyle on Saturday.

Participants wrestling only Freestyle on Saturday (10U – Open MUST WEIGH IN FRIDAY NIGHT

#### Friday, April 30, 2021

##### 6U (Pre-Bantam) and 8U (Bantam) Freestyle Tournament with women’s brackets (6U – 8U)

##### Greco-Roman Tournament 10U – Open with women’s brackets (10U – Open)

Doors Open 8:00 am ~ Coaches/Officials Meeting 9:00am

Bracket changes up to 9:15am

**Wrestling Begins at 10:00am:** 6U (Pre-Bantam) and 8U (Bantam) Freestyle Tournament

and Greco-Roman Tournament

Registration and Weigh-ins: 5:00pm – 6:30pm for 10U – Open Freestyle wrestling on Saturday

**Saturday, May 1, 2021**

**10U – Open Freestyle Tournament with women’s brackets (10U – Open)**

Doors Open 8:00 am ~ Coaches/Officials Meeting 9:00am

Bracket changes up to 9:15am

**NO** Opening Ceremonies/Parade of Teams **this** year ~ Wrestling Begins 10:00am

## - REGISTRATION PROCEDURE -

Step 1:

Teams or Individuals need to be pre-registered on [www.trackwrestling.com](http://www.trackwrestling.com) by 10pm Tuesday, April 27th. Online payment is due at the time of registration. If you have questions about this procedure, please call Jeanette Perkins at 907-982-3051.

There are three (3) separate tournaments so please be sure to choose the correct one(s). Entry Fee is $30.00 for each registered tournament. Entry fee $50.00 per style for late-registrations or wrestlers not registered on [www.trackwrestling.com](http://www.trackwrestling.com) before 10:00pm Tuesday, April 27, 2021.

Step 2:

**VERY IMPORTANT**: **The attached entry form must be accurately completed for each participant and presented to the registration**

**table to receive a weigh-in card.**

## GENERAL INFORMATION

PLEASE NOTE: Once competitor’s registrations have been received, there will be no refunds issued for any of the styles club members or individual members have registered for (unless there are extenuating circumstances).

**ELIGIBILITY:** All athletes must be a current member of Alaska USA Wrestling and meet age requirements. USA Wrestling cardholders who purchased their cards outside of Alaska USA Wrestling will be required to pay an additional $10 AUSAW fee.

**INDIVIDUAL AWARDS:** Attractive medals to the top six placers in each weight class for Folkstyle Tournament, Freestyle Tournament and Greco-Roman Tournament. Medals will be awarded each day after the tournaments are completed.

**TEAM AWARDS:** The top 3 teams for Folkstyle and Greco will receive awards.

There will be 2 divisions of teams based on size for Freestyle.

Division I – Teams with 30 or more wrestlers registered for State Freestyle Championship Tournament

Division II – Teams with fewer than 30 wrestlers registered for the State Freestyle Championship Tournament

Awards will be presented in each division to the top three (highest points) teams in the Kids Division (6U Pre-Bantam – 14U) and the top three teams in the 16U – Open Division.

A Grand Champion (Freestyle) award will be presented to the team with the highest points – 6U Pre-Bantam through Open Divisions in each division.

**Triple Crown Belt Buckle**: Will be awarded to the wrestler who places 1st in 3 separate state tournaments. Criteria: must be 3 or more wrestlers in each weight bracket and there must be at least 2 teams represented in each bracket.

**RULES:** The rules of the UWW, with current USA Wrestling modifications where applicable, will govern the event. **Wrestlers in the Kids Division (6U Pre-Bantam – 14U) must wear headgear.** Headgear is recommended but not mandatory for 16U and Juniors. Folkstyle will use current National High School Coaches Association Rules with USA Wrestling modification and 15 minute resting period.

**WEIGH-INS:** Each athlete must weigh-in at the official weigh-ins wearing a singlet & submit to skin & nail checks at that time, see medical info.

**Thursday, April 29th WEIGH INS:**

FOLKSTYLE Participants must weigh in Thursday morning. Wrestlers wrestling in all three (3) styles may weigh in at this time.

All 6U (Pre-Bantams), 8U (Bantams) and Greco-Roman participants (10U - Open Divisions) MUST weigh in Thursday night.

NOTE: Greco participants can also weigh in at this time for Freestyle on Saturday.

**Friday, April 30th WEIGH INS:**

10U - Open Freestyle Divisions wrestling on Saturday ONLY – NO THURSDAY Weigh Ins.

If an out-of-town competitor is arriving later than the official weigh in, please contact the tournament director, Bob Ottum, at 907-227-9153 for possible exception. Bob Ottum is the **ONLY** person who can approve weigh ins outside of the posted times.

All Athletes must weigh in wearing a competition singlet. All weigh in cards will have a “blind” computer generated draw number printed on them so participants will not need to choose one at weigh ins. Competitors will be locked into the weight class they declare at the time of weigh ins. If a wrestler chooses to bump up a weight class, officials must be told during the competitor’s weigh in, which will be noted, on their weight card. If Pairing Officials find there is only one person in a weight class, the wrestler will have the option of medaling with an exhibition match in that weight class or he/she will be allowed to bump up to the next weight class which has more wrestlers, if applicable.

For more information, see AUSAW.org, AUSAW State tab: “AUSAW Pairing Procedures, Rules, and Guidelines”

Please see AUSAW.org, AUSAW State tab: 2021 Age & Weight Divisions

**Alaska USA Wrestling adds 6U/Pre-Bantam, DOB: 2015-2016, weights: 35, 40, 43, 45, 49, 53, 56, 62, 70 (same weights apply to**

**women’s 6U/Pre-Bantam)**

PAIRINGS: Separation of wrestlers from the same club when possible. Seeding will be random draw. Double elimination using vertical pairings.

Folkstyle, Freestyle & Greco: Any bracket with six (6) or more competitors will be pooled and cross-bracketed. Pool A #1 wrestles Pool B #2. Pool B #1 wrestles Pool A #2. Then the winners wrestle each other for 1st/2nd, and the losers wrestle each other for 3rd/4th. Pool A #3 wrestles Pool B #3 for 5th/6th.

**COACHING:** Two (2) coaches maximum in each competitor’s corner on the mat during a match. Coaches **MUST hold a current Wrestling Leader card, AUSAW Copper or higher** certification and a concussion training certificate to be in a corner. **Coaches with these credentials will be issued coaches Wristbands to access the floor! Please attend the daily coaches meetings to receive your wristband.** Spectators or parents videotaping or taking pictures will not be allowed on the mat edge – this area must be kept clear.

**MAT ACCESS:** Access to the wrestling area is limited to wrestlers, carded certified coaches, one person per corner with a video pass, and one parent escort per 6U (Pre-bantam) and 8U (Bantam). Wristbands will be handed out to carded coaches at the coaches meetings and $10.00 video wristbands will be available for purchase. The Video bands and Coach’s bands are good for all three (3) days of the tournament. Do not lose or remove them. Once a wrestler has wrestled, he/she will need to leave the wrestling area until the next match is assigned to a mat. All wrestling fans need to be in the stands and not in the wrestling area; a security team will be assigned to keep the wrestling area clear for the safety of our participants. Video bands are for active videoing of an upcoming wrestler. Just like the wrestler, you are expected to leave the floor after the match. **Video bands are NOT a floor pass,** please respect this, no loitering on the floor.

**MEDICAL INFORMATION:** Athletes must be prepared to submit to a skin disease screening prior to weigh in. The Head Official has full authority, with consult of onsite medical personnel, without appeal in determining the eligibility of an athlete to compete. In the event of injury or illness, no contestant will be permitted to continue the competition without approval of the Head Official and Tournament Director, with consult of onsite medical personnel, whose decision is final and not subject to appeal.

**TOURNAMENT T-SHIRTS/ CONCESSIONS/ HOSPITALITY ROOM:** State tournament t-shirts will be available for sale all 3 days. A Concession stand will be available all 3 days. There will be a hospitality room for OFFICIALS AND CLUB COACHES ONLY (coaches who coach for a club and not just his/her own wrestler). Admittance will only be allowed to those wearing Officials’ shirts and coaches with wristbands.

**Streaming of the matches will be available via Trackcast through Trackwrestling for a fee of $5.00 per tournament:** Let’s keep spectators to a minimum and encourage use of TrackCast for all of our fans, near and far.

**RV Parking available for free. There are NO power hook ups available.**