



**Wrestling Tournament Co-hosted
by AUSAW & MatSu Matmen
Greco–April 9, 2021
Freestyle–April 10, 2021
Madison Brackets
Trackcast: Live video streaming
available for \$5 through
trackwrestling.com**



Location: Big Lake Lions Recreation & Community Center, 2942 Lions Circle, Big Lake, AK

Friday, April 9, 2021 - Greco Wrestling (10U and older)

2:00 - 2:30PM Weigh-ins for wrestlers who did not do satellite weigh-in, must wear singlet.
No Greco weigh-ins will be taken after 2:30PM.

3:00PM Coaches & Officials Meeting

4:00PM Wrestling begins

Saturday, April 10, 2021 Freestyle Wrestling

8:00 - 8:30AM Weigh-ins for Freestyle wrestlers who did not do satellite weigh-in, must wear singlet.

9:00AM Coaches & Officials Meeting

10:00AM Wrestling begins for Pre-Bantam (6U), Bantam (8U), and Intermediate (10U)

1:00PM Wrestling begins for Novice (12U), Schoolboy/girl (14U), Cadet (16U), USA Junior, and Open

Headgear required for Schoolboy/girl (14U) and younger. Mouth guards are required for wrestlers with braces

All wrestlers should arrive at least one (1) hour prior to start time to check brackets

Bracket changes will end 20 minutes before each session start time.

Registration

Pre-registration must be completed by midnight on Wednesday, April 7, 2021 via www.trackwrestling.com. Weights must be entered by midnight on Thursday, April 8, 2021. Email team weigh-in sheet to ausawpairings@gmail.com by 12:00PM on Friday, April 9, 2021. Wrestlers must have a valid USAW membership card.

Entry Fee

\$20 per wrestler per entry. Please make each team check payable to Alaska USA Wrestling. Independent wrestlers are welcome and can pay individually. All wrestlers must have a valid USAW membership card.

Women's: brackets will run simultaneously throughout the day.

It is your responsibility to monitor each bracket if you elect to enter multiple tournaments.

Coaches/Officials

Wristbands will be issued to coaches with a USAW Wrestling Leader Card, Copper/Bronze Certification and Concussion Certification. Officials must have a USAW Wrestling Leader Card.

Spectators

The Mat Area is for wrestling only. We are in a new venue, so please be aware of your surroundings, keep adequate space and do not overcrowd the wrestling mat area. **Please limit spectators to 2 per wrestler.**

Concessions

Concessions will be available Friday and Saturday in the Commons Area.

Hospitality

The Hospitality Room will be available for Coaches with wristbands and Tournament Officials on duty. Additional guests will not be admitted (please do not feed your families). Please be courteous and cordial.

Awards

Medals will be given to the top three wrestlers in each bracket.

COVID-19

Safety protocols will be in place. **Please do not attend if you are feeling ill in any way, not just the typical COVID symptoms.** Masks are recommended. Help us to be able to continue providing competitions for our wrestlers.

Questions

Contact Bob Ottum @ AlaskaUSAW@gmail.com